



Resource Guide



Center for Advocacy & Education
The Arc of New Mexico

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CONTENTS

A MESSAGE FROM THE ARC OF NEW MEXICO	3
ALL ABOUT MEDICAID AND NEW MEXICO WAIVERS	3
ADDICTION RESOURCES	7
AUTISM RESOURCES	9
ASSISTIVE TECHNOLOGY RESOURCES	14
BLIND/LOW VISION RESOURCES	16
BRAIN INJURIES	18
CAREGIVING RESOURCES	20
CEREBRAL PALSY RESOURCES	21
CHILD ABUSE RESOURCES	22
CRISIS AND SUPPORT HOTLINES	23
DEAF/HARD OF HEARING RESOURCES	28
DOMESTIC VIOLENCE RESOURCES	30
DOWN SYNDROME RESOURCES	32
EARLY CHILDHOOD RESOURCES	34
EDUCATION RESOURCES	36
ELDERLY RESOURCES	42
EMPLOYMENT RESOURCES	44
EVALUATIONS/ASSESSMENTS	46
FINANCIAL RESOURCES	48
FOOD ASSISTANCE	51
GUARDIANSHIP	53
HEALTHCARE	55
HOUSING RESOURCES	58
LEGAL RESOURCES	64
MENTAL HEALTH RESOURCES	66
SOCIAL SECURITY DISABILITY RESOURCES	70
TRANSPORTATION	71
OTHER GENERAL RESOURCES	74

A MESSAGE FROM THE ARC OF NEW MEXICO

This resource guide was assembled by The Arc of New Mexico Advocacy and Education staff. We know that agencies and supports change often, so we will be updating this guide routinely. If there is information that needs to be added, deleted, or changed, please contact us at advocate@arcnm.org. We hope that the information in this guide is helpful and supports you and your community.

ALL ABOUT MEDICAID AND NEW MEXICO WAIVERS

New Mexico Department of Health’s (NMDOH) Developmental Disabilities Supports Division (DDSD):

The Developmental Disabilities Supports Division (DDSD) oversees four home and community-based Medicaid waiver programs, or HCBS 1915 (c) Waivers. These are considered “waivers” because they “waive” an individual’s right to a bed in an institution or nursing home in favor of community-based services. These include:

- Developmental Disabilities (DD) Waiver, also known as the “traditional waiver”
- Medically Fragile Waiver
- Mi Via Self-Directed Waiver
- Supports Waiver

DDSD’s Intake and Eligibility Bureau manages the Central Registry for individuals waiting for services, provides several State General Funded Services, and administers the Family Infant Toddler (FIT) Program.

Find out more: <https://www.nmhealth.org/about/ddsd/>

Developmental Disabilities (DD) Waiver

The Developmental Disabilities (DD) Waiver program, also known in New Mexico as the “traditional DD waiver”, is designed to provide services and supports that assist eligible children and adults with Intellectual and Developmental Disabilities (IDD) to participate as active members of their communities. This is one of several waivers available in New Mexico. The program serves as an alternative to institutional care. New Mexico’s traditional DD Waiver Program is a person-centered, community-oriented approach to deliver supports for people with intellectual and developmental disabilities (IDD).

Find out more: <https://www.nmhealth.org/about/ddsd/pgsv/ddw/>

DD Waiver contact: Marie Velasco marie.velasco@doh.nm.gov or (505) 660-0766

Medically Fragile Waiver

This waiver provides services to individuals who have both a medically fragile condition and a Developmental Disability. Services may include case management, private duty nursing, physical or occupational therapy, respite, specialized medical equipment, and more. “Medically fragile” means needing ongoing skilled nursing care, evaluation, and decision making due to a complex chronic medical condition.

Like the Developmental Disabilities Waiver, Medically Fragile Waiver recipients will also receive Centennial benefits. The Medically Fragile Waiver is not age restrictive—participants cannot “age out”.

Find out more: <https://www.nmhealth.org/about/ddsd/pgsv/mfw/>

Medically Fragile Waiver contact: Iris Clevenger at iris.clevenger@doh.nm.gov or (505) 231-2304.

Mi Via Self-Directed Waiver

This waiver program allows individuals to self-direct their own waiver services. It allows for greater flexibility in using non-traditional supports to meet needs directly related to their disability.

- Mi Via recipients are referred to as Participants and receive assistance from a consultant. Together, a Service and Support Plan (SSP) and a budget.
- Individuals who receive the DDW or MFW are eligible for Mi Via. Those already receiving Medicaid can change to the Mi Via Self-Directed waiver by completing a Waiver Request Form.

- Services through Mi Via may include home health aides, in-home living, specialized therapies, respite, transportation, and more.
- Employers of Record (EOR) arrange for the delivery of services, support and goods as approved in the Service and Support Plan (SSP) and submit required documents to the Fiscal Management Agent (FMA).

Find out more: <https://www.nmhealth.org/about/dds/pgs/sdw/>

Mi Via Waiver contact: Elaine Hill at elaine.hill@doh.nm.gov or (505) 506-6103

Supports Waiver

The newest Home and Community Based Services (HCBS) waiver is an option for individuals who are on the Developmental Disabilities (DD) Waiver Wait List. Supports Waiver services are intended to complement unpaid supports provided to individuals by family and others. Individuals on the Wait List keep their place on the Wait List, whether they choose to accept Supports Waiver offer or not. Contact the Intake and Eligibility Bureau for more information about the Wait List.

Find out more: <https://www.nmhealth.org/about/dds/pgs/csw/>

Supports Waiver Contact: Anysia Fernandez at anysia.fernandez@doh.nm.gov or (505) 629-7476.

State General Funds

State General Funds (SGF) pays for services for individuals who are eligible for Developmental Disabilities Waiver or Medically Fragile Waivers but are not currently receiving services.

- To be eligible, someone must complete the registration process for Developmental Disabilities of Medical Fragile Waivers and be placed on the Central Registry. Children under the age of 3 may qualify while receiving services through an early intervention program.
- Services include independent living, respite, adult day habilitation services, and behavior support consultation.
- Might need to ask around different agencies to see if they have spaces; many do not and have their own wait lists for State General Funds services. Budget amounts can also vary greatly, just depends on what the state is able to offer.

Find out more: <https://www.nmhealth.org/about/dds/pgs/sgf/>

State General Funds contact: Juanita Salas (505) 553-0117 or juanita.salas@doh.nm.gov

Intake And Eligibility Bureau

Eligibility Determination through NMDOH/DDSD Intake and Eligibility Bureau: Individuals with intellectual and developmental disabilities who meet the definition of developmental disability in accordance with New Mexico Administrative are eligible for the DD Waiver. In general, to match the definition of a developmental disability the individual must:

- Have an Intellectual Disability, onset by age 18.
- A specific related condition (Cerebral Palsy, Autistic Disorder, Down Syndrome, Epilepsy, etc.)
- Have significant limitations in at least 3 areas of major life activity that began prior to age 22.

Intake and Eligibility Bureau's Application Process (seeking waiver services)

The Development Disabilities Waiver application packet includes a cover letter, instructions for completing the application, and contact information for DDSD/their eligibility worker.

Find out more on their website: www.nmhealth.org/about/ddsd/region/

Centennial Community Care: Centennial Care is the name of the New Mexico Medicaid program with services provided by four managed care organizations (MCOs). These services include physical health, behavioral health, long-term care, and community benefits.

Eligibility for all Medicaid programs requires that individuals meet certain federal guidelines. These include citizenship, residency, and income requirements. To apply for Centennial Care Medicaid, check eligibility, or enroll in or switch your managed care organization (MCO), visit the YesNM Online Portal at this link: <https://www.yes.state.nm.us/yesnm/home/index>

Income Support Division Contact Information:

- Consolidated Customer Service Center: (800) 283-4465
- Customer Service Automated Response: (855) 309-3766
- Low-Income Home Energy Assistance Program: (888) 523-0051
- Constituent Services: (505) 827-7263

Website: <https://www.hsd.state.nm.us/LookingForAssistance/centennial-care-overview/>

ADDICTION RESOURCES

Alcoholics Anonymous (AA) in New Mexico: Alcoholics Anonymous is a fellowship of people who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. Find meeting lists on their websites.

Statewide website: <https://nm-aa.org>

Phone: (505) 266-1900 or (505) 982-8932

Christus St. Vincent Behavioral Health Specialists: Located in Santa Fe; accepts Medicaid, Medicare, and a variety of community, state, and local funding. It is a nonprofit organization that also offers a sliding fee scale.

2019 Galisteo Dr., Bldg. B Santa Fe, NM 87505

Phone: (505) 913-3056

Duke City Recovery Toolbox: Provides outpatient addiction treatment along with medical and mental health services for substance abuse treatment in Albuquerque. This treatment center accepts Medicaid, Medicare, military, and private health insurance.

912 1st St. NW Albuquerque, NM 87102

Phone: (505) 224-9777

Mesilla Valley Hospital: A psychiatric mental health facility in Las Cruces, which offers inpatient treatment, a partial hospitalization program (PHP), and treatment of co-occurring disorders for children, adolescents, and adults. This recovery center accepts some New Mexico Medicaid plans, Medicare, and private health insurance.

3751 Del Rey Blvd. Las Cruces, NM 88012

Phone: (575) 382-3500

New Mexico Rehabilitation Center: offers a wide range of rehabilitation services, including physical and occupational therapy, speech and language pathology, social services, psychological services and a chemical dependency program.

72 Gail Harris Roswell, NM 88201

Phone: 575-347-3400

New Season Treatment Center: Offers an outpatient opioid addiction treatment program. This treatment center accepts Medicaid, Medicare, and military insurance.

9421 Coors Blvd. NW, Ste. J-K Albuquerque, NM 87114-5025

Phone: (877) 284-7074

Santa Fe Recovery Center: Offers inpatient drug rehab services and intensive outpatient treatment for substance abuse. Accepts Medicaid, Medicare, and private health insurance coverage.

5312 Jaguar Dr. Santa Fe, NM 87507

Phone: (505) 471-4985

Turquoise Lodge Hospital (TLH) provides substance abuse treatment services to New Mexico residents. They specialize in medical detoxification, social rehabilitation services, and Intensive Outpatient services. Priority patients for services include pregnant injecting drug users, pregnant substance abusers, other injecting drug users, women with dependent children, and women and men seeking to regain custody of their children. This hospital serves all patients regardless of inability to pay. Discounts for essential services are offered based on family size and income.

5400 Gibson Blvd SE Box#13 Albuquerque, NM 87108

Phone: 505-841-8978

AUTISM RESOURCES

ABA PATHWAYS: People on the autism spectrum can have very different symptoms. Childhood development is affected by ASD, so early diagnosis is important.

Albuquerque Treatment Center
4801 Montano Rd. NW Suite A2 Albuquerque NM 87120
Phone: (505) 212-1634
Email: pac_albuquerque@abaways.com
Website: <https://www.abaways.com/our-locations/>

Autism+: The Autism+ Program is dedicated to making communities more accessible for individuals with ASD and other disabilities. Through organization-specific Autism Awareness training and ongoing consultation for staff, the Autism+ Program strives to ensure that businesses obtain the knowledge, skills, and confidence to support individuals with ASD and other developmental disabilities.

Phone: (505) 272-1852 or (800) 270-1861
Email: HSC-AutismPrograms@salud.unm.edu or cdd-autismplus@salud.unm.edu
Website (Info and FAQs): <http://www.cdd.unm.edu/autism-programs/autism-plus.html>

Autism Information en Español: Links to podcasts, articles, and resources about ASD in Spanish.

Phone: (505) 272-1852
Email/envianos: AutismPrograms@salud.unm.edu
More info: <https://cdd.health.unm.edu/autismportal/espanol-proximamente/>

Autism Learning Collaborative: Offers a wide range of ABA therapy services including in-home, center based, in-school, telehealth, and social skills services.

Albuquerque Locations:

- 3400 Candelaria Rd NE Albuquerque, NM 87107
- 1510 San Pedro Dr. NE Albuquerque, NM 87110
- 141 Osuna Rd NW Albuquerque, NM 87107

Phone: (505) 225-5323
Email: info@autismlearningcollaborative.com
Website: <https://www.autismlearningcollaborative.com/>

Autism Spectrum Evaluation Clinic (ASEC): Provides diagnostic evaluations for ASD or related conditions. They evaluate children ages 3 and older. Post evaluation, they support families to find resources for their child, provide recommendations for treatment of other evaluations, and make referrals to other services. The clinic is supported by the DOH.

UNM Hospital

2211 Lomas Blvd NE Albuquerque, NM 87106

Phone: (505) 272-9337 or (800) 270-1861

Website: <http://www.cdd.unm.edu/clinics/autismevaluation.html>

Autism Portal - University of New Mexico: The Center for Development & Disability (CDD) serves and supports New Mexicans with Autism Spectrum Disorders (ASD). Through generous state funding, the CDD provides resources and partnerships for families, school systems and communities throughout New Mexico.

Phone: (505) 272-1852 or (800) 270-1861

Email/envianos: AutismPrograms@salud.unm.edu

Website: <https://unmhealth.org/services/developmentdisabilities/programs/autism-programs/>

Bright Futures: Autism and Early Intervention: Assists with accessing autism services, providing education about autism, and more.

PO Box 8741 Santa Fe, NM 87504

Phone: (505) 471-4505

Email: Zoe@AutismandEI.com

Website: <https://www.brightfuturesaei.com>

Centria Autism: Our mission is to help more children with autism develop, pursue, and achieve their own goals through high-quality ABA therapy and support.

5411 Jefferson St. NE Suite 100 Albuquerque, NM 87109

Phone: (855) 772-8847

Email: sarahpowell@centriahealthcare.com

Website: www.centriahealthcare.com

CDD Autism Trainings and Courses: Online courses offered by the CDD's Autism Programs that can be taken at any time to gain more knowledge on ASD. You are also welcome to attend an Autism Program training.

Phone: (505) 272-1852

Email: HSC-AutismPrograms@salud.unm.edu

Website: <https://unmhealth.org/services/developmentdisabilities/programs/autismprograms/autismtraining.html>

CDD Family Provider Resource Team: Their staff members, through phone or email, assist with topics ranging from problem-solving individual issues to helping you find resources you need.

Phone: (505) 272-1852 or (800) 270-1861

Email: AutismPrograms@salud.unm.edu

Website: <http://www.cdd.unm.edu/autism-programs/familyprovider-resource-team.html>

Elevate the Spectrum: The mission at ETS is to empower individuals on the autism spectrum and their families through inclusion, advocacy, and friendship throughout the state. Elevate the Spectrum is a non-profit made up of volunteers from various backgrounds. Elevate the Spectrum includes groups, fundraisers and special events throughout the year.

1380 Rio Rancho Blvd #229 Rio Rancho, NM 87124

Phone: (505) 589-4337

Email: ElevateTheSpectrum@gmail.com

Hearts for Autism Las Cruces: Host the annual Camp New Amigos for children with ASD, which is run in collaboration with NM State University. They also host community training and have a resource library.

Phone: (575) 323-1316

Email: heartsforautismlc@gmail.com

Website: <https://www.heartsforautismlc.com/>

Jump Start Autism Center: Specialize in services for individuals of all ability levels between the ages of 1 year to 12 years old. Services include an Early Learner program, Transition readiness program and Intensive support program.

The Arc of New Mexico Resource Guide

8500 Washington St. NE Ste A1 Albuquerque, NM 87113

Phone: (505) 828-3837

Email: info@jumpstartaba.com

Website: www.Jumpstartaba.com

NM Autism Society: Affiliate of the Autism Society of America. They host regular meet-ups for autistic adults, promote autism support groups and programs, form committees to work on autism-related projects, public flyers and newsletters, provide advocacy regarding legislation, plan recreational activities and support groups, and more.

PO Box 30955 Albuquerque, NM 87190

Phone: (505) 332-0306

Website: <https://nmautismsociety.org/>

NM DOH Autism: The Developmental Disabilities Supports Division (DDSD) provides an-array of services that are available to children and adults with Autism Spectrum Disorder (ASD) and their families.

Website: <https://www.nmhealth.org/about/ddsd/pgsv/autism>

Prism Autism Services: Applied Behavior Analysis (ABA therapy) is the most prescribed treatment for children with autism. Prism Autism Services combines ABA, Speech Therapy and Occupational Therapy for individuals with autism and other developmental differences to maximize treatment effectiveness, gain functional communication skills, and increase independence for each individual.

3876 Hawkins Street NE Albuquerque, NM 87109

Phone: (505) 508-0865

Email: prismincnm@gmail.com

Website: <https://www.prismincnm.com>

Thinking Person's Guide to Autism: Thinking Person's Guide to Autism (TPGA) is a one-stop source for carefully curated, evidence-based, neurodiversity-stepped information from autistic people, parents, and autism professionals.

Website: <http://www.thinkingautismguide.com/p/mission-statement.html>

Wilderwood Equine Therapy: Autistic Led, Equine Inspired. Wilderwood's innovative autistic led, equine inspired programs, research, and services open opportunities of possibility for autistic adults,

children, and youth. Wilderwood also provides a lifetime home for unwanted horses, and educates the community about autism and horses. Open daily by appointment 9:00 a.m. – 6:00 p.m. Open house: Each Saturday 11:00 a.m. – 1:00 p.m.

7 Wildwood Lane, Peralta, New Mexico

Email: office@wilderwoodequinetherapy.org

Phone: (505) 459-9813

<https://wilderwoodequinetherapy.org/>

ASSISTIVE TECHNOLOGY RESOURCES

Accessible Technology in the Workplace: Their mission is to promote full and unrestricted participation in business and society by persons with disabilities through the use of electronic information technology that is universally accessible.

National hotline: (800) 949-4232

Website: <https://accessibletech.org/>

Adaptive Technology for Cars: People with disabilities can have specialized vehicle modifications installed in their cars. These modifications keep drivers with disabilities on the road and create more accessible vehicles. Common modifications include seat belt adjustments, safety bars and straps, ramps, swivel seats, and hand controls.

Phone: (888) 566-6214

Email: contact@utires.com

Website: <https://www.utires.com/articles/vehicle-modifications-for-drivers-with-disabilities/>

Adelante Back in Use: Back in Use recycles assistive devices and gives them away to people with disabilities and seniors in need of wheelchairs, walkers, hospital beds and more. All durable medical equipment is inspected, cleaned, and sanitized before it is distributed.

Phone: (505) 341-7171 to make an appointment

Website: <https://goadelante.org/disabilityservices/assistive-equipment-biu/>

Common Sense Media App Resource Guide for Kids with Special Needs and Learning Differences:

Common Sense is the nation's leading nonprofit organization dedicated to improving the lives of all kids and families by providing the trustworthy information, education, and independent voice they need to thrive in the 21st century.

Website: <https://www.commonsensemedia.org/guide/special-needs>

DDSD Clinical Services Bureau/Therapy Support Unit: Part of DDSD, established to enhance health, safety, and functioning for New Mexicans with developmental disabilities via the provision of quality

The Arc of New Mexico Resource Guide

therapy services. Provides expertise for statewide initiatives including Aspiration Risk Management, Assistive Technology, and Health Promotion Initiatives. They also oversee the Therapy Services Unit which provides technical assistance and resources to promote the use of assistive technology.

DDSD Metro Regional Office 5300 Homestead NE, Suite 218 Albuquerque, NM 87110

Phone: (505) 841-5500

Website: <https://www.nmhealth.org/about/ddsd/pgsv/clinical/>

Informational brochure: <https://www.nmhealth.org/publication/view/marketing/3965/>

Therapy Services Unit brochure: <https://www.nmhealth.org/publication/view/marketing/4038>

New Mexico Commission for the Blind: The Technology for Children program provides assistive technology (technology) to children under the age of 18 who could benefit from such technology because of a visual impairment, but for whom such technology is not available through an Individualized Education Plan, Individualized Plan for Employment, medical insurance, or other similar source.

2200 Yale Blvd. SE Albuquerque, NM 87106

Phone: (505) 841-8844

Toll free: (888) 513-7958

Website: <https://www.cfb.state.nm.us/>

New Mexico Technology Assistance Program (NMTAP): Offers free services to New Mexicans with disabilities to help them get the assistive technology services they need. It is a statewide program designed to increase knowledge of, access to, and acquisition of assistive or adaptive technology for anyone with any disability, anywhere in the state, of any age.

625 Silver Ave. SW Ste. 100 B Albuquerque, NM 87102

Phone: (505) 841-4464

Email: tracy.agiovlasitis@gcd.nm.gov

Website: <http://www.tap.gcd.state.nm.us/>

The Arc of New Mexico: Offers a separate resource list: “apps for accessibility” (phone applications that are free or low cost and increase accessibility).

Phone: (505) 883-4630

Email: advocate@arcnm.org

BLIND/LOW VISION RESOURCES

New Mexico Commission for the Blind: Helps persons who are blind achieve vocational, economic, and social equality by providing career preparation, training in the skills of blindness and above all, promoting and conveying the belief that blindness is not a barrier to successful employment, or to living an independent and meaningful life.

2200 Yale Blvd. SE Albuquerque, NM 87106

Phone: (505) 841-8844 or (888) 513-7958

Website: <https://www.cfb.state.nm.us/>

New Mexico School For the Blind and Visually Impaired (NMSBVI): New Mexico School for the Blind and Visually Impaired (formerly NMSVH) has for many years operated an Instructional Resource Center (IRC) on the school's main campus to help provide educational materials for students with visual impairments statewide. In addition, it also now houses the New Mexico Repository, consisting of textbooks in Braille and large print contributed by schools from throughout New Mexico.

Access to appropriate educational materials is essential in meeting the needs of students with visual impairments, and many of these materials can be loaned to schools for eligible students at no cost to the school or student.

1900 N. White Sands Boulevard Alamogordo, NM 88310

NMSBVI Early Childhood & Outreach: 801 Stephen Moody SE Albuquerque, NM 87123

Website: <https://blindresources.org/new-mexico/> <https://nmsbvi.org/>

New Mexico State Library for the Blind and Print Disabled: As a network library of the National Library Service for the Blind and Print Disabled, we serve New Mexicans statewide who are unable to read a standard printed book due to a disability such as blindness, visual impairment, a physical, or reading disability by providing digital audio books online and by mail. Patrons are provided a customized service based on their preferences.

1209 Camino Carlos Rey Santa Fe, NM 87507

Phone, Toll-free: (800) 456-5515

Phone, Local: (505) 476-9770

E-mail: sl.lbpnd@dca.nm.gov

Request a Free White Cane: To request a white cane, you can fill out our online application or mail a completed application to our office. Blind individuals in the fifty states, the District of Columbia, and Puerto Rico can request a cane for their personal use as often as every six months.

Website: <https://nfb.org/programs-services/free-white-cane-program>

The Hearing and Vision Center: Assists with hearing loss, low vision, deafness, blindness, independent living and home safety needs. They provide hearing aids and assistive technology (AT) for home, classroom, public venues and the workplace. The website also lists a number of community resources for hearing, vision, mobility, compliance/equal access. They have a 45-day full refund return ability if dissatisfied with the product, service, or expense. Also provides a list of businesses and churches in New Mexico that have a listening system in place.

8400 Menaul Blvd, Suite F Albuquerque, NM 87112

Phone: (505) 299-7777 or (877) 287-0608

Website: <https://hearingandvisioncenter.com/>

BRAIN INJURIES

ARCA Acquired Brain Injury Services (ARCA): Is a private not-for-profit organization opening doors for over 600 children and adults with intellectual, developmental, and cognitive disabilities to live great lives.

Phone: (505) 332-6700

11300 Lomas Blvd NE Albuquerque, NM 87112

Website: <https://www.arcaopeningdoors.org/>

Brain Injury Alliance of NM Warmline: Provides individuals and families needing support and guidance to find their way through a thicket to a path of rehabilitation and healing. Call for information and resources.

Phone: (505) 292-7414 or (888) 292-7415

Email: info@braininjurynm.org

Support Group Tuesdays 11:30 am – 1 pm; online at Zoom (enter meeting ID # 885 3577 9866)

Website: <https://www.braininjurynm.org>

Mayo Clinic Guide: Understanding Brain Injury is a guide for families adjusting to brain injury. Booklet contains topics such as the structure and function of the brain, causes of brain injury, recovery process, and behavior and communication changes after brain injury.

Website: <http://nbia.ca/pdfs/understanding-brain-injury.pdf>

NM Brain Injury Advisory Council: Supports evidence-based research and education and advises public and private entities to enhance the statewide system of comprehensive, community-based resources, services and supports that maximize the personal choices and functional independence of persons with brain injuries.

491 Old Santa Fe Trail, Lamy Building Santa Fe, NM 87501

Phone: (505) 476-0412

Email: gcd.mailbox@gcd.nm.gov

Website: <http://www.nmbiac.com/>

NM Brain Injury Directory of Services and Supports: Find out what services are available from providers that are familiar with brain injury or from providers that are interested in serving people living with brain injury. All the providers listed here either served people with brain injury or are listed here because they are interested in serving people with brain injury.

Website: www.nmbraininjury.org

NM Brain Injury Resource Center (NMBIRC): The New Mexico Brain Injury Resource Center (NMBIRC) helps to answer questions, find resources, create awareness, and educate people affected by brain injury in New Mexico. Brain Injury Information Specialist is available by phone during regular business hours: Monday-Friday 8:30AM-3:30PM.

Phone: (505) 243-3835

Website: <https://arcaopeningdoors.org/services/new-mexico-brain-injury-resource-center/>

New Mexico Human Resources-Brain Injury Program: Ensures that every New Mexico resident who is entitled to benefits and support services receives them through service coordination, provider guidance, life skills training and crisis intervention services.

1504 4th Street NW Albuquerque, NM 87102

Phone: (844) 366-2472

Website: <https://nrd.gov/resource/detail/8531032/New+Mexico+Human+Services+->

CAREGIVING RESOURCES

New Mexico Caregivers Coalition (NMCC): The New Mexico Caregivers Coalition (NMCC) was created to advocate for, and support paid professional caregivers as well as family caregivers.

906 S. Camino del Pueblo Bernalillo, NM 87004

Phone: (505) 867-6046

Email: info@nmdcc.org

Website: <https://www.nmdcc.org/>

New Mexico Caregivers in Action (NMCA): Membership agency promoting better work environments for paid caregivers and respect, support and training for all caregivers. Memberships levels are \$15 annually for caregivers, \$30 for advocates and \$300 for businesses. Members do get access to purchase discounted group insurance including health, vision, dental, life, legal. Agency strives to empower caregivers to enact change through legislative advocacy.

Phone: (505) 867-6046

Email: admin@nmcareaction.org

Website: <https://nmcareaction.org/>

New Mexico Aging & Long-Term Services Department Caregiver Support: The types of caregiver services and supports will vary with the needs of you and your loved one. These may change over time. There may be different professionals that will assist you according to each situation such as a hospital discharge planner or your health plan case manager or a navigator with a community organization.

ADRC (Aging and Disability Resource Center) 2550 Cerrillos Road Santa Fe, NM 87505

Phone: (800) 432-2080 or (505) 476-4937 TTY

Website: <https://aging.nm.gov/caregiver-resources/caregiversupport>

Parents Reaching Out (PRO): Provides support, training, and tools for families of and youth with disabilities or complex medical needs. Helps family members and youth become their own best advocates in the areas of early childhood, education, and healthcare.

2501 Yale Blvd SE, Suite 200 Albuquerque, NM 87106

Phone: (505) 247-0192 or (800) 524-5176

Website: <https://parentsreachingout.org/>

CEREBRAL PALSY RESOURCES

Adult Cerebral Palsy Clinic: The Adult CP team can offer comprehensive evaluations that may include psychosocial assessments, neurological examinations, attention to medical issues (including sexuality and women's health issues), and facilitation of specialist referrals as necessary. Held every Thursday of the month, 9am-12pm.

University of New Mexico
2350 Alamo Avenue SE, Suite 155 Albuquerque, NM 87106
Clinic Phone: (505) 925-2378 or (877) 684-5259
Administration (non-clinical): (505) 925-2350
Call the Continuum of Care: (505) 925-2378 and press 2
Website: <https://coc.unm.edu/clinics/cocclinics/index.html>

Cerebral Palsy Parent Association of NM: A New Mexico Association that is Creating Possibilities through Parent Alliances by providing support, information, and advocacy for individuals with cerebral palsy/other disabilities and their families.

Carrie Tingley Hospital
P.O. Box 27718 Albuquerque, NM 87102
Phone: (505) 272-5296
Website: <https://cpfamilynetwork.org/resources/resources-guide/cerebral-palsyparentassociationnewmexico/>

Cerebral Palsy Task Force: The CP Early Identification and Intervention Task Force works to increase awareness of the new clinical guidelines and help infants receive timely screenings. Cerebral palsy is the most common physical disability in children. Early screening and detection connect children with interventions, and new guidelines say children as young as three to six months can be screened. The task force meets regularly to discuss areas of improvement in CP care. These meetings include stakeholders from around the state. We welcome anyone from the community to join.

To attend a task force meeting contact Sandy Heimerl at sheimerl@salud.unm.edu

CHILD ABUSE RESOURCES

New Mexico Children’s Advocacy Center: A statewide group of Children’s Advocacy Centers (CACs) working together to improve New Mexico’s community response to child abuse. Children’s Advocacy Centers (CACs) are child-focused, child-friendly facilities where children and their non-offending caregivers feel safe enough to get the help they need to stop abuse and begin the process of healing. CACs use a multidisciplinary team (MDT) approach that brings together professionals from law enforcement, child protective services, medical, mental health, victim advocacy, and other agencies to offer comprehensive services to children and their families. NMCA is housed under the umbrella organization of the New Mexico Coalition of Sexual Assault Programs, Inc., located in Albuquerque, New Mexico (Tiwa Pueblo land).

3909 Juan Tabo NE Suite 6 Albuquerque, NM 87111

Phone: (505) 883-8020 or (888) 883-8020 toll-free

Website: <https://nmcacs.org/>

Children Youth and Families Department (CYFD): Protective Services receives reports of alleged child maltreatment 24 hours a day, seven days a week, through Statewide Central Intake. Investigates reports of child maltreatment and intervene to keep New Mexico’s children safe. Provides foster care to approximately 2,500 children each day and works with families to enable parents to care for their children safely and appropriately. When that cannot be accomplished, workers find safe, permanent families for children through adoption or permanent guardianship. Report suspected child abuse or neglect by calling #SAFE (#7233) from a cell phone or 1-855-333-SAFE.

Phone: (855) 333-SAFE (7233)

Text: #SAFE from your cell phone

Youth may text Reach NM at (505) 591-9444 to report suspected abuse or neglect or be connected with resources and support.

Website: <https://www.cyfd.nm.gov/protective-services/child-abuse-neglect/report-abuse-neglect/>

National Child Abuse Hotline: Dedicated to the prevention of child abuse. The hotline is staffed 24 hours a day, 7 days a week with professional crisis counselors who—through interpreters—provide assistance in over 170 languages. The hotline offers crisis intervention, information, and referrals to thousands of emergencies, social service, and support resources. All contacts are confidential.

Phone: (800) 422-4453 (4-A-CHILD)

Website: <https://childhelpline.org/>

CRISIS AND SUPPORT HOTLINES

988 Suicide & Crisis Lifeline: The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones; it is a national network of local crisis centers that provides free and confidential emotional support to people in suicidal crisis or emotional distress 24 hours a day, 7 days a week in the United States.

24-hour hotline: dial 988

Website: <https://988lifeline.org/>

Agora Crisis Center: As trained crisis hotline specialists, our volunteers are ready to provide compassionate, non-judgmental help for anyone in need of emotional support.

ABQ area: (505) 277-3013

Toll-free outside of ABQ: (855) 505-4505

National Lifeline: 800-273-TALK

Email: agora@unm.edu

Website: <http://www.agoracares.org/>

Albuquerque Coordinated Resource Guide: A comprehensive source of resources for crisis lines, deposit rent and utility assistance, case management, recovery services, support groups, and much more.

Website: <https://abqcr.org/>

Albuquerque Family Advocacy Center: The Albuquerque Family Advocacy Center is a safe, secure, and caring environment that focuses on the needs of victims of interpersonal crime. The center is committed to providing victims of domestic violence, child abuse, sexual assault, and their families with a safe setting to assist in addressing and overcoming the trauma of their experience and break the cycle of violence that destroys families.

625 Silver SW, Suite 200 Albuquerque, NM 87102

Phone: (505) 243-2333 – after hours, this phone number will be answered by victim advocates who can assist or make referrals to address a crisis situation.

Website: <https://www.cabq.gov/albuquerque-family-advocacy-center>

Community Against Violence (CAV): Mission is to foster and support a community free from all forms of domestic and sexual violence. CAV offers a 24-Hour Helpline for survivors of domestic and sexual violence. Provides legal and medical advocacy services, counseling and support groups, children's programs, community prevention and outreach programs, and are able to provide information and resources for those in need.

24-Hour HelpLine: (575) 758-9888

Textline: (575) 770-2706

945 Salazar Road Taos, NM 87571

Phone: (575) 758-8082 or (888) 758-8082

Email: info@taoscav.org

Website: <https://taoscav.org>

La Piñon Sexual Assault Recovery Services: Advocates provide 24-hour hotline crisis and first response services to survivors of sexual assault. La Piñon also provides comprehensive sexual assault recovery services for sexual abuse victims and their families.

850 N Motel Blvd, Suite B Las Cruces, New Mexico 88007

Phone: (888) 595-3437 Toll free in NM (se habla español)

Phone: (575) 526-3437 Local Las Cruces number (se habla español)

Email: office@lapinon.org

Website: <https://lapinon.org>

Lesbian, Gay, Bisexual, and Transgender (LGBT) National Help Center: Provides telephone, online chat, and email peer support. They speak with callers of all ages about bullying, workplace issues, HIV/AIDS anxiety, coming out, relationships, safer sex and more 4pm-12am ET, Saturday 12pm-5pm ET.

Phone contact:

LGBT National Hotline: 1-888-843-4564

LGBT National Coming Out Support Hotline: 1-888-688-5428 (1-888-OUT-LGBT)

LGBT National Youth Talkline: (800) 246-7743 (1-800-246-PRIDE)

National Senior Hotline: (888) 234-7243

Website: <https://www.lgbthotline.org/>

National Sexual Assault Hotline: The National Sexual Assault Hotline is a safe, confidential service. When you call the hotline, only the first six numbers of the phone number are used to route the call,

and your complete phone number is never stored in our system. Most states do have laws that require local staff to contact authorities in certain situations, like if there is a child or vulnerable adult who is in danger.

Phone: 1-800-656-HOPE (4673) (se habla español)

Website: <https://www.rainn.org/about-national-sexual-assaulttelephone-hotline>

National Teen Dating Violence Hotline: The direct service provider behind loveisrespect.org, operating the 24/7 text, phone, and live chat services. The texting function of the Helpline allows for users to text the Helpline advocates 24 hours a day, seven days a week about anything ranging from questions about healthy dating to raising red flags about relationships. The Helpline's peer advocates serve thousands of teens and young adults through the 24/7 phone service.

Phone: 1-(866)-331-9474

Text 'loveis' to 77054

Website: <https://youth.gov/federal-links/national-teen-datingabuse-helpline>

New Mexico Coalition of Sexual Assault Programs (NMCSAP): Leads the state's efforts to reduce sexual abuse and sexual violence by providing training and technical assistance to service providers, law enforcement officers, prosecutors, medical practitioners, and mental health professionals.

3909 Juan Tabo Blvd. NE, Suite 6 Albuquerque, NM 87111

Phone: (505) 883-8020

Website: <https://nmcsap.org/>

New Mexico Crisis and Access Line (NMCAL): The New Mexico Crisis and Access Line is available statewide, helping New Mexicans get access to local help and resources during a mental health crisis. Staffed by mental health professionals 24 hours a day, 7 days a week.

Phone: (855) NMCRIISIS (662-7474)

Website: <https://nmcrisisline.com/>

NM Peer to Peer Warmline: Provides assistance and an understanding New Mexicans who are just wanting someone to talk to about mental health, substance use, or recovery. The warmline is available to call 3:30-11pm or text 6-11pm 7 days a week, 365 days a year.

Phone: (855) 4NM-7100 (466-7100)

Website: https://nmcrisisline.com/peer-to-peer_warmline/

Rape Crisis Center of NM: 24-hour crisis hotline and online chat service provides support, crisis intervention, resources, and counseling and referrals to anyone affected by sexual violence.

24-Hour Hotline: (505) 266-7711

Puede llamar 24 horas. Se habla Español.

Office Line: (505) 266-7712

Email: info@rapecrisisnm.org

Website: <https://rapecrisisnm.org/>

S.A.F.E. House Statewide Domestic Violence Hotline: The 24-hour Shelter and Family Empowerment (S.A.F.E) hotline provides crisis support and referrals as needed for shelter and other services. Interpreter services are available 24 hours a day for Spanish, German, Vietnamese, Chinese and French.

24-hour Phone number: (505) 247-4219

Phone: (800) 773-3645 (Toll-Free)

Email: info@safehousenm.org

Website: <https://www.safehousenm.org/>

Sexual Assault Nurse Examiner (SANE): The Albuquerque SANE Collaborative serves sexual assault and domestic violence victims by providing immediate, compassionate, culturally sensitive, and comprehensive medical treatment and forensic evaluation by nurse experts. We provide victims of sexual assault and domestic violence care in an empowering setting that addresses emotional and medical needs. Services are always confidential and free and available 24 hours a day.

24-hour hotline: (505) 883-8720

625 Silver, SW – 2nd Floor Albuquerque, NM 87102

Solace Crisis Treatment Center: Offers a 24-hour crisis advocacy hotline to help anyone who is in crisis or suffering from trauma.

Phone: (800) 721-7273 Toll free in NM (se habla español)

Website: <https://findsolace.org>

Valencia Shelter Services (SANE services in Los Lunas)

455 Camino Rel Rey Suite E Los Lunas, NM 87031

Phone, SANE Dispatch: (505) 884-7263

Email: info@abgsane.org

Website: <https://www.abgsane.org/>

Thrive Hotline: If you're experiencing a mental health crisis and need to chat with a qualified crisis responder, we are here for you. If you are an underrepresented individual (person of color, LGBTQIA+, person living with disabilities, neurodiverse, and/or other marginalized identities), and experiencing obstacles because of (or simply have questions about) your identities, we want to help you navigate those.

Text "THRIVE" to begin your conversation with us 24/7/365, from anywhere.

Phone: (313) 662-8209

Text: 'oSTEM' to (313) 662-8209

Website: <https://thrivelifeline.org/>

DEAF/HARD OF HEARING RESOURCES

Community Outreach Program for the Deaf NM (COPD-NM): Is a community-based organization that empowers Deaf and hard of hearing individuals to live independently and achieve their personal goals. COPD-NM seeks to "fill the gaps" in the community by providing services which are not available elsewhere.

3908 Carlisle NE Albuquerque, NM 87107

Phone: (505) 255-7636 (TTY)

Email: interpreterscheduling@copdnm.org

Website: <http://copdnm.org/index.htm>

Deaf Culture Center of NM (DCCNM): Is dedicated to the development, growth & education of our Deaf NM community and sharing our Culture with our allies. Provide accessible and affordable housing to Deaf, Deaf-Blind, & Hard-of-Hearing New Mexicans.

1933 San Mateo NE #106 Albuquerque, NM 87110

VP (videophone): (505) 544-2860

Email: dccnm@dcc-nm.org

Website: <https://www.dcc-nm.org/>

National Deaf Domestic Violence Hotline (NDDVH): Is available to Deaf callers across the nation. Deaf NDDVH advocates answer videophone calls and emails 24/7.

Phone: (855) 812-1001

Website: <https://www.adwas.org/hotline/national/>

NM Commission for the Deaf and Hard of Hearing: Includes resources for individuals who are Deaf and Hard of Hearing, community resources, info about interpreters, interpreter licensure, and resources for interpreters. In person services by appointment only. Monday-Friday 8am to 4:30pm.

505 Marquette Ave. NW, Suite 1550 Albuquerque, NM 87102

Phone (505) 383-6530 (voice)

VP (505) 435-9319 (VP for sign language users)

Email: nmcdhh.info@cdhh.nm.gov

Website: <https://www.cdhh.nm.gov/>

Hands & Voices: Dedicated to supporting families with children who are deaf or hard of hearing without a bias around communication modes or methodology. We're a parent-driven, non-profit organization providing families and others who care about children who are deaf or hard of hearing with the resources, networks, and information they need to improve communication access and educational outcomes for their children.

P.O. Box 90804 Albuquerque, NM 87199

Phone: (505) 357-0344 English

Phone: (505) 357-0345 Spanish

Email: parentgroup@hvn.org

Website: <http://www.hvn.org/>

The Hearing Loss Association of America (formerly Self Help for Hard of Hearing People - SHHH)

Albuquerque Chapter: We are a non-profit support group that believes hard of hearing people can help one another, be helped, and can participate successfully in society. Our primary purpose is to educate ourselves, those close to us, and the public about the causes, nature and complications of hearing loss and what we can do for ourselves and others to cope with that loss. The Hearing Loss Association of Albuquerque holds regular meetings at which we may have a guest speaker on a topic of interest to our members. Sometimes we have meetings where we share our experiences and knowledge about coping. We meet once a month from September through June. We have real time closed captioning, sign language interpreters, and a hearing loop at our meetings to help those with various levels of hearing loss to participate in the meeting.

P.O. Box 36792 Albuquerque, NM 87176

Member Meetings @ Los Altos Christian Church: 11900 Haines Ave NE, Albuquerque, NM

Email: hlaabq@gmail.com

Website: <https://www.hearinglossabq.org>

Project for NM Children & Youth who are Deaf-Blind: This UNM Project is a statewide program to provide technical assistance, training and support to families, service providers and educators of children and youth who are deaf-blind. This project is under the Center for Development and Disability (CDD) and provides the following services: technical assistance, training, resource dissemination, family events and access to a free library.

Phone: 1-(505)-272-0321

Email: hsc-nmdb@salud.unm.edu

DOMESTIC VIOLENCE RESOURCES

Coalition to Stop Violence Against Native Women (CSVANW): Their mission is to stop violence against Native women and children by advocating for social change in communities. Focused on shaping policy, conducting outreach, increasing awareness, informing priorities, and working to ensure that tribal communities are represented within conversations where we have historically been underrepresented.

4600 Montgomery Blvd NE Ste B202 Albuquerque, NM 87109

Phone: (505) 243-9199

Website: <https://www.csvanw.org/>

Domestic Violence Resource Center: Programs include VAU Field Advocates (who work in collaboration with law enforcement), Financial Empowerment, EMDR Counseling, Embedded Advocates (who work at the Judicial Court and DA's Office), Parenting Groups, and Support Groups.

625 Silver SW, Suite 190 Albuquerque, NM 87102

Phone: (505) 843-9123

24-hour line: (505) 248-3165

Website: <https://dvrcnm.org/>

National Domestic Violence Hotline: 24 hours a day, seven days a week, 365 days a year; provides essential tools and support to help survivors of domestic violence so they can live their lives free of abuse.

Phone: (800) 799-7233

Website: <https://www.thehotline.org/about/>

New Mexico Coalition Against Domestic Violence: Their vision is survivor safety and offender accountability, supported by an effective, coordinated community response.

2340 Alamo Ave. SE, suite 120 Albuquerque, NM 87106

Phone: (505) 246-9240

Website: <https://www.nmcadv.org/>

To locate the nearest shelter to you: <https://www.nmcadv.org/find-nm-resources>

New Mexico Legal Aid Domestic Violence, Sexual Assault, and Stalking Legal Helpline:

Phone: (877) 974-3400

Website: <https://www.newmexicolegalaid.org/>

StrongHearts Native Helpline: is a 24/7 safe, confidential and anonymous domestic and sexual violence helpline for Native Americans and Alaska Natives, offering culturally appropriate support and advocacy.

Phone: 1-844-7-NATIVE (762-8483)

Website: <https://strongheartshelpline.org/> (live chat on website)

DOWN SYNDROME RESOURCES

Down Syndrome Families of Las Cruces: Provides opportunities for individuals with Down Syndrome to grow, learn skills that will help them be self-sufficient, and to provide a community where they can have friends and activities.

1135 S Main Las Cruces, NM 88005

Phone: (575) 405-4186

Email: downsyndromelasruces@gmail.com

Website: <http://www.downsyndromefamiliesoflasruces.com/>

Down Syndrome Foundation of Southeastern New Mexico: Provides support and education to all individuals with Down syndrome and their families.

P.O. Box 4365 Roswell, NM 88202

Phone: (575) 622-1099

Website: <https://www.dsfsenm.org/>

National Association for Down Syndrome: Provide families with Down syndrome members with information and resources to enable them to access and evaluate appropriate services. Educate the public about Down syndrome. Address social policy issues and challenges facing the Down syndrome community. Facilitate and encourage active participation by self-advocates and families in the delivery of education, vocational, residential, and other services for persons with Down syndrome.

1460 Renaissance Drive. Suite #102 Park Ridge, IL 60068

Phone: (630) 325-9112

Email: info@nads.org

Website: <http://www.nads.org/>

National Down Syndrome Congress: The leading national resource of support and information about Down syndrome, from the moment of a prenatal diagnosis through adulthood. Can be a good website to browse for resources, information, webinars, etc.

Website: <https://www.ndscenter.org/>

National Down Syndrome Society (NDSS): is committed to providing individuals with Down syndrome, their families, caregivers, and the public with comprehensive information across the lifespan, from birth to end of life. Through events, webinars, videos, publications, and our website, NDSS provides free resources on a variety of topics including information for new and expectant parents, health and wellness, education, and employment. Through our helpline and info email, NDSS answers thousands of requests for support each year. Our staff responds to questions and connects parents, professionals, self-advocates, and others with referrals, including to our network of more than 300 local Down syndrome organizations.

1155 15th Street NW, Suite 540 Washington, DC 20005

Phone: (800) 221-4602

Phone: (505) 382-5061

Website: <http://www.rgdsn.org/>

Rio Grande Down Syndrome Network: Provides individuals with Down syndrome and their families advocacy, education, and support.

PO Box 6759 Albuquerque, NM 87197

Phone: (505) 382-5061

Website: <http://www.rgdsn.org/>

EARLY CHILDHOOD RESOURCES

Carrie Tingley Hospital (CTH): A specialized hospital in Albuquerque that offers a variety of multidisciplinary clinics. Children ages 0 through 21 years are eligible for services at the hospital. Specialize in treating complex musculoskeletal and orthopedic conditions, developmental issues, and long-term physical disabilities. More than 21 outpatient clinics, the only pediatric rehabilitation unit in New Mexico. Call to make an appointment. A referral may be required.

Main Operator: (505)-272-5200

Appointment Scheduling: (505) 272-iUNM (4866)

1127 University Blvd. NE Albuquerque, NM 87102

Website: <https://unmhealth.org/locations/carrie-tingley-hospital.html>

New Mexico Early Childhood Education and Care Department: Provides information about eligibility, as well as information for parents and early childhood professionals. Also filters programs by age: prenatal, infants, toddlers, and pre-K. Childcare finder option statewide.

PO Drawer 5619 Santa Fe, NM 87502-5619

Phone, Toll free: (800) 832-1321

Website: <https://www.nmececd.org/>

New Mexico Kids: UNM Early Childhood Services Center in partnership with the New Mexico Early Childhood Education and Care Department. Offers a variety of services and resources for both educators and families in the State of New Mexico. Childcare, early childhood programs, developmental programs, NM pre-K, etc.

Phone: (800) 691-9067

Email: resourceandreferral@unm.edu

NM Medical Home Portal: Search portal for Early Intervention for Children with Disabilities/Delays in New Mexico. Services may include physical therapy, occupational therapy, audiology, health/medical services, nursing services, nutrition services, psychological services including specialized play groups or therapy sessions, counseling, speech and language assistance, special instructional services, transportation, and parenting skills development, and ongoing evaluation of the child's progress.

Website: <https://nm.medicalhomeportal.org/services/category/263>

Parents Reaching Out Early Childhood Department: Provides positive outcomes for families and children in New Mexico through informed decision-making, advocacy, education, and resources. Parents Reaching Out provides networking opportunities for families to connect with and support each other.

2501 Yale Blvd SE, Suite 200 Albuquerque, NM 87106

Phone: (505) 247-0192 or (800) 524-5176

Website: <https://parentsreachingout.org/early-childhood/>

UNM Health Center for Development and Disability: The CDD's Early Childhood Programs provide direct services for New Mexican children, parents, caregivers, and families across the state. You can access many Early Childhood Programs at home—we drive more than 660,000 miles a year to visit families! Or meet with an expert at one of our community outreach clinics throughout New Mexico. All Early Childhood Programs are developmentally appropriate and respectful of culture and past experiences. Some programs include Early Childhood Home & Family Services, Early Childhood Learning Network, FOCUS program (services for young children at risk for or with developmental delays or disabilities).

Phone: (505) 272-3000

Website: <https://unmhealth.org/services/development-disabilities/programs/early-childhoodprograms/>

UNM Health Clinical Evaluations & Programs: The Center for Development & Disability runs four specialty clinics and programs for children. These clinics offer evaluations for Autism Spectrum Disorder, developmental delays, behavioral disorders and Fetal Alcohol Spectrum Disorder. A team of experts also help children who have feeding or swallowing trouble.

Phone: (505) 272-3000

2300 Menaul Blvd NE Albuquerque, NM 87107

Website: <https://unmhealth.org/services/developmentdisabilities/programs/clinics/>

EDUCATION RESOURCES

APS Families Connected Site: Educating and caring for our diverse student population, supporting their families, and partnering with the community with the promise of a better future for all.

6400 Uptown Blvd. NE Albuquerque NM 87110

Phone: (505) 880-3700

Student Service Center Phone: (505) 855-9040

Email: servicecenter@aps.edu

Website: <https://www.aps.edu/families-connected>

APS Parent Resource and Engagement Program (PREP): Parents can access free PREP events and workshops, learning resources, and community resources.

6400 Uptown Blvd. NE Suite 200 Albuquerque, NM 87110

Phone: (505) 855-9900

Email: specialeddept@aps.edu

Website: <https://www.aps.edu/special-education/parent-resourceand-engagement-programprep>

Early Childhood Evaluation Program (ECEP): Provides developmental evaluations for children ages 0 to three years who live in New Mexico. This is the first step to getting your child the developmental help that he or she needs.

Phone: (505) 272-9846

Website: <http://cdd.unm.edu/ecep/index.html>

Eastern New Mexico University: Provides services to students with disabilities. We maximize educational and career opportunities, assist disabled students with integration into the university community, and accommodate those students with services needed to allow full participation in all programs.

P.O. Box 6000 Roswell, NM 88202-6000

Phone: (575) 624-7286

Phone: (575) 624-7300 (TDD)

Email: specialservices@roswell.enmu.edu

Website: <https://www.roswell.enmu.edu/special-services/>

Education for Parents of Indian Children with Special Needs (EPICS): a Community Parent Resource Center serving families with Native American children with disabilities or developmental delays in NM.

2201 Buena Vista Dr. SE, Unit 201 Albuquerque, NM 87106

Phone: (505) 767-6630 or (888) 499-2070

Email: sbegay@epicsnm.org or melissaw@epicsnm.org

Website: <https://www.epicsnm.org/for-parents>

Friends and Relationships Course: Socialization and Sexuality Education (SSE) Services promote healthy relationships and enhance physical, emotional, mental, and social well-being by taking an integrated and proactive education approach to increase awareness, understanding and knowledge of socialization skills, human sexuality and sexual health education. Contact the Statewide SSE Project Contractor, Thea Kavanaugh directly for more information about classes in your region.

Phone: (575) 635-9013

Email: theak@realtherapeuticsllc.com

High School Equivalency Program (HSE): The New Mexico Public Education Department has approved two HSE tests, the GED and HiSET. Passing either of these tests will qualify you for an official New Mexico HSE credential.

Phone: (505) 224-3000

Email: contactcenter@cnm.edu

Website: <https://www.cnm.edu/programs-of-study/programs-a-z/adult-basic-education/hse>

(IEP) An IEP: or individualized education plan, is a legal document that lets the school know what kinds of support will be needed by a child during the school day. The document was created by parents and school personnel. Any child who is enrolled in special education classes will have an IEP. For more information about an IEP or how to develop an IEP, review the resource:

<https://www.understood.org/en/school->

[learning/specialservices/504plan/the-difference-between-ieps-and-504-plans](#) or contact your local school division.

New Mexico Developmental Disability Council (DDC): The New Mexico Developmental Disabilities Council promotes advocacy, capacity building, and systemic change to improve the quality of life for individuals with developmental disabilities and their families.

625 Silver Avenue SW, Suite 100 Albuquerque, New Mexico 87102

Phone: (505) 841-4519

Website: <https://www.nmddpc.com/>

New Mexico Highland University Accessibility Services: ACCESS Services' focus is removing barriers at the university for students with physical, psychological, developmental, and learning disabilities by providing appropriate accommodations. We also serve as a campus resource for students, faculty, and staff of the college.

Phone: (505) 454-3311

Camille Bohannon-Sweitzer, Coordinator of Disability Services Phone: (505) 454-3250

Email: camille@nmhu.edu

Website: <https://www.nmhu.edu/campus-services/accessibility-services/>

New Mexico Public Education Department: The New Mexico Public Education Department partners with educators, communities, and families to ensure that ALL students are healthy, secure in their identity, and holistically prepared for college, career, and life.

Special Education Division (New Mexico Public Education Department): Provides support to districts, parents and SWDs to ensure outcomes of a free appropriate public education for students protected under the Individuals with Disabilities Education Act (IDEA). Review data to make decisions that will impact support for SWDs to meet college and career ready standards through equitable access to rigorous courses, high-quality instruction, and appropriate supports.

Phone: (505) 827-5800

Email: PED.HelpDesk@ped.nm.gov <https://webnew.ped.state.nm.us/>

Website: <https://webnew.ped.state.nm.us/bureaus/special-education/>

New Mexico State University Disability Access Services (NMSU): Disability Access Services (DAS) provides accommodations, education, consultation, and advocacy for qualified students with disabilities at New Mexico State University.

P.O. Box 30001 Las Cruces, NM 88003-8001

Phone: (575) 646-1722

Email: dos@nmsu.edu

Website: <https://studentlife.nmsu.edu/disability-access-services1/index.html>

Northeast Regional Education Cooperative (REC#4): Provides services to families and member school districts in northeastern New Mexico. Our member districts include Pecos, Mora, Santa Rosa, Wagon Mound, Santa Fe Indian School, West Las Vegas, and Las Vegas City.

1031 11th Street Las Vegas, NM 87701

Phone: (505) 426-2262 |

Website: <https://www.rec4.com/Home>

Northern New Mexico College Accessibility Resource Center: Students are entitled to reasonable accommodations under Section 504 of the Americans with Disabilities Act which provides equal access for students with exceptionalities including a variety of resources.

921 N. Paseo de Oñate Española, NM 87532

Española Campus: (505) 747-2100

El Rito Campus: (575) 581-4100

Website: <https://nnmc.edu/home/student-gateway/accessibility-resource-center/>

Office of the Special Education Ombud: The Office of the Special Education Ombud provides comprehensive information, resources, and support to public school students and families navigating the special education system in New Mexico. Michelle Tregembo, Special Education Ombud.

625 Silver Avenue SW, Suite 100 Albuquerque, New Mexico 87102

Phone: (505) 274-3885

Email: michelle.tregembo@state.nm.us

Website: <https://www.nmddpc.com/contact>

Parents Reaching Out: New Mexico's Parent Training and Information (PTI) Center funded by the US Office of Special Education and Rehabilitation. Serve families throughout the state who have children and young adults (from birth to age 26) receiving special education services or seeking evaluation for special education. From screening and evaluation to transitioning out of high school, our dedicated staff will support families with concerns about education.

2501 Yale Blvd SE, Suite 200 Albuquerque, NM 87106

Phone: (505) 247-0192 or (800) 524-5176

Website: <https://parentsreachingout.org/education/>

Raising Special Kids: Help and Hope for Families, Raising Special Kids exists to improve the lives of children with the full range- of disabilities, from birth to age 26, by providing support, training, information, and individual assistance so families can become effective advocates for their children.

Resources for families on border towns AZ/NM area mostly around the Navajo Reservation.

5025 E. Washington St., UNIT 204 Phoenix, AZ 85034

Phone: (602) 242-4366 or (800) 237-3007

Email: info@raisingspecialkids.org

Website: <https://raisingspecialkids.org/>

San Juan College-CLEAR Program: San Juan College (SJC) is a two-year higher education institution that offers academic and career and technical education.

4601 College Blvd. Farmington, NM 87402

Phone: (505) 566-3241

Email: CLEAR@sanjuancollege.edu

Website: <https://www.sanjuancollege.edu/clear/>

The Arc of New Mexico Education Program: Offers a variety of disability-specific trainings including their Disability 101 series, Financial Inclusion and Empowerment Program, Healthy Sexuality Education Series, and many more.

5130 Masthead Street NE Albuquerque NM 87109

Phone: (505) 883-4630

Email: advocate@arcnm.org

Website: www.arcnm.org

University of New Mexico Accessibility Resource Center: Accessibility Resource Center (ARC)

recognizes individuals with disabilities as an integral part of a diverse community and is committed to the provision of comprehensive resources to the University community (faculty, staff, and student) in order to create equitable, inclusive, and practical learning environments.

302 Cornell Dr NE Room 2021 Albuquerque, NM 87131

Phone: (505) 277-3506

Email: arcsrvs@unm.edu

Website: <https://arc.unm.edu/>

UNM College Department of Special Education (SPCD): The COEHS Special Education Program has

forward-thinking educators and researchers who use new, more effective democratic school communities. We have the resources to conduct innovative research that helps shape special education practice and policy.

Phone: (505) 277-3190

Email: coecss@unm.edu

Website: <https://coehs.unm.edu/departments-programs/spcd/>

UNM Information and Resource Portal: Contact the Information Network for your information and resource needs.

2300 Menaul Blvd. NE Albuquerque, NM 87107

Phone: (800) 552-8195 or (505) 272-8549

Email: HSC-InfoNet@salud.unm.edu

Website:

<https://unmhealth.org/services/developmentdisabilities/programs/otherdisabilityresources/information-network/>

ELDERLY RESOURCES

Adult Protective Services: If you suspect an adult is being abused, neglected, or exploited, call Adult Protective Services Statewide Intake.

- New Mexico has a “Duty to Report” provision in the Adult Protective Services Act (27-7-30):
“Any person, or financial institution, having reasonable cause to believe that an incapacitated adult is being abused, neglected or exploited shall immediately report that information to Adult Protective Services.”
- Adult Protective Services remains on call for emergent reports of adult abuse, neglect, and exploitation 24 hours a day, 7 days a week.

24-hour reporting hotline (toll-free): (866) 654-3219

Website: <https://aging.nm.gov/protecting-adults>

Aging and Long-Term Services Department: Helps New Mexicans achieve lifelong independence and healthy aging.

2550 Cerrillos Rd. Santa Fe, New Mexico

Phone: (505) 476-4799

Toll-free: (866) 451-2901

Website: <https://aging.nm.gov/>

Area Agency on Aging (AAA) – Albuquerque and Bernalillo County: The Area Agency on Aging is responsible for implementing and providing a comprehensive array of services, all designated to the highest quality of life for our seniors in the least restrictive living environment.

491 Old Santa Fe Trail Santa Fe, NM 87501-2753

Phone: (505) 476-0412

Toll-free (in state only): (877) 696-1470

Email: gcd.mailbox@gcd.nm.gov

Website: <https://gcd.state.nm.us/programs-services/elderly/>

Area Agency on Aging (AAA) – Non-Metro: The Non-Metro Area Agency on Aging provides funding to Senior Programs in every New Mexico County except Bernalillo (which is served by the Albuquerque AAA). Persons 60 years of age or their spouse regardless of age qualify for these services without any income requirement. The services provided can include meals at senior centers, home delivered meals, transportation, and homemaker services.

3900 Paseo del Sol Santa Fe, NM 87507

Phone: (505) 395-2668

Phone: (866) 699-4927

Website: <https://www.nonmetroaaa.com/>

CABQ Senior Information and Assistance Program: Provides information, referrals, and assistance on senior concerns and issues.

Phone: (505) 764-6400

Website: <http://www.cabq.gov/seniors/senior-services>

Governor’s Commission on Disability (GCD): Committed to improving the quality of life of all New Mexicans with disabilities by addressing social integration, economic self-sufficiency, political resolve, physical and program accessibility, and full participation in the benefits of life and rights of all individuals.

491 Old Santa Fe Trail Santa Fe, NM 87501-2753

Phone: (505) 476-0412

Toll-free (in state only): (877) 696-1470

Email: gcd.mailbox@gcd.nm.gov

Website: <https://gcd.state.nm.us/>

NM Aging and Disability Resource Center: Assists elders, persons with disabilities and caregivers to find services and resources to help them live well and independently. Long-term options include counseling, benefits counseling, health care fraud prevention, prescription drug assistance, community information and educational presentation, and more.

255 Cerrillos Road Santa Fe, New Mexico 87505

Phone: (800) 432-2080

Website: <http://www.nmaging.state.nm.us/adrc.aspx>

EMPLOYMENT RESOURCES

CDD Partners for Employment: Provides training, technical assistance and opportunities for networking and collaboration. They work with state agency personnel, supported employment service providers, educators, family members, self-advocates.

2300 Menaul Blvd NE Albuquerque, NM 87107

Phone: (505) 272-3000 Appointment Only

Website: <http://www.cdd.unm.edu/other-disabilityprograms/partners-for-employment/index.html>

Department of Vocational Rehabilitation: New Mexico's Department of Vocational Rehabilitation (NMDVR) is committed to ensuring that every New Mexican with a disability achieves their employment goals and thrives in their communities. The process consists of an orientation/application, intake, eligibility determination, assessment, individualized plan for employment (IPE), employment services, employment obtained, follow up, and service record closed (successfully employed). They have locations throughout New Mexico.

Phone: (505) 954-8500

Toll-Free: (800) 224-7005

Email: contact@dvr.nm.gov

Website: <http://www.dvr.state.nm.us/>

To find a DVR office near your location: <https://www.dvr.state.nm.us/locations/>

Goodwill Career Services: Offers free career services that can connect individuals with employment in the community, provide job readiness training and other skills. They also offer services for veterans and seniors.

5000 San Mateo Blvd. NE Albuquerque, NM 87109

Phone: (505) 881-6566

Website: <https://www.goodwillnm.org/freeservices.html>

Job Accommodation Network: JAN is “the leading source of free, expert, and confidential guidance on workplace accommodations and disability employment issues.”

Phone: (800) 526-7234

Phone: (877) 781-9403 (TTY)

Website: <https://askjan.org/index.cfm>

New Mexico Commission for the Blind (NMCFTB): Is essentially like DVR for people who are blind; services include a skill center, work experience programs, independent living, benefits counseling, and more.

2200 Yale Blvd. SE Albuquerque, NM 87106

Phone: (505) 841-8844

Toll-Free: (888) 513-7958

Website: <https://www.cfb.state.nm.us/About#SERVICES>

New Mexico Department of Workforce Solutions: Resources for job seekers (like accessing the NM workforce connections site, applying for unemployment, and info about job fairs), workers (info about legal rights, discrimination), businesses (recruitment assessment and more), and researchers (economic and workforce data and analysis).

401 Broadway NE Albuquerque NM 87102

Phone: (505) 841-8405

Website: <https://www.dws.state.nm.us/enus/>

New Mexico Workforce Connection: Similar to Department of Workforce Solutions; resources and information for job seekers, employers, veterans. After making an account, can browse job postings, apply for unemployment benefits, as well as access to job matching service and more.

501 Mountain Road, NE Albuquerque, NM 87102

Phone: (505) 843-1900

Website: <https://www.jobs.state.nm.us/vosnet/Default.aspx>

Ticket to Work Program DVR: The Ticket to Work program is a voluntary employment assistance program created by the Social Security Administration (SSA) for SSI and/or SSDI beneficiaries who would like to go to work. The Ticket program helps individuals on Social Security Disability benefits (SSI and/or SSDI) go to work and move towards self-sufficiency.

Phone: (866) 968-7842 or (866) 833-2967 (TTY)

Email: support@choosework.ssa.gov

Website: www.choosework.ssa.gov

EVALUATION/ASSESSMENTS

Autism Spectrum Evaluation Clinic (ASEC) (formerly the Neurodevelopmental Clinic): Staffed with professionals with unique expertise in the diagnosis of Autism Spectrum Disorder (ASD) and related disabilities.

Phone: (505) 272-9337 or toll free (800) 270-1861
www.cdd.unm.edu/autism/programs/neuroclinic.html

Early Childhood Evaluation Program (ECEP): Provides evaluations for children ages birth to three living in New Mexico. ECEP addresses concerns regarding developmental delay, complex medical conditions, Autism Spectrum Disorder, cerebral palsy, behavioral/regulatory issues, and other specialized evaluation questions for very young children.

Phone: (505) 272-9846 or toll free (800) 337-6076
Email: HSC-ECEP@salud.unm.edu
Website: <http://cdd.unm.edu/20/then-now/ecep.asp>

Fetal Alcohol Spectrum Disorders Clinic (FASD): An interdisciplinary clinic and training program that evaluates children who are suspected of having FASD.

Phone: (505) 272-6157
Email: HSC-neurocog@salud.unm.edu
Website: <http://www.cdd.unm.edu//fasd/index.html>

NM SAFE Program: Supports & Assessment for Feeding Eating Clinic conducts multidisciplinary team feeding evaluations of children and adults with developmental disabilities, for the purpose of improving health and preventing aspiration.

Phone: (505) 272-0125
Email: HSC-NMSAFE@salud.unm.edu <http://www.cdd.unm.edu/nmsafe/index.html>

PACES NM: Conducts neuropsychological evaluations for individuals 6-22 for questions related to learning disabilities, ADHD, intellectual disabilities, and IQ testing.

3620 Wyoming Blvd NE Suite 100 Albuquerque, NM 87111
Phone: (505) 962-2158

Website: <https://www.pacesnewmexico.com/>

The Center for Development and Disability (CDD) Evaluation Clinics: Runs four specialty clinics and programs for children. These clinics offer evaluations for Autism Spectrum Disorder, developmental delays, behavioral disorders and Fetal Alcohol Spectrum Disorder. Our team of experts also help children who have feeding or swallowing trouble.

Phone: (505) 272-9337 or (800) 270-1861

Website: <https://unmhealth.org/services/developmentdisabilities/programs/clinics/autismevaluation.html>

FINANCIAL RESOURCES

ABLE New Mexico: Provides access to STABLE accounts for New Mexicans with disabilities; tax-free savings for disability-related expenses; ability to save and invest without losing needs-based benefits. ABLE funds can be spent on anything that provides a higher quality of life, enhances disability, or even for basic needs like food, utilities, etc. In this sense it is less restrictive than pooled trust.

Phone: (800) 439-1653

Website: <https://ablennwmxico.com/>

Braun Ability: Starting a family is a beautiful thing. Unfortunately, it can also be a costly one, especially when raising a child with disabilities. Luckily, there are grants and initiatives that can help provide the highest quality of life — and ease the financial burden— for your family. Learn about the most popular grants for families with disabled children.

Phone: (800) 488-0359

Website: <https://www.braunability.com/us/en/blog/funding-and-financing/grants-forfamilieswithdisabledchildren.html>

Centennial Care: Centennial Care is the name of the New Mexico Medicaid program with services provided by four managed care organizations (MCOs). These services include physical health, behavioral health, long-term care, and community benefits. To apply for Centennial Care Medicaid, check eligibility, or enroll in or switch your managed care organization (MCO), visit the YesNM Online Portal: <https://www.yes.state.nm.us/yesnm/home/index>

Consolidated Customer Service Center: (800) 283-4465

Local to Albuquerque: (505) 222-9160

Constituent Services: (505) 827-7263

Website: <https://www.hsd.state.nm.us/LookingForAssistance/centennial-care-overview/>

Human Services Department (Income Support Division), Applying for Benefits: You can apply for public assistance over the phone or online. Once you have successfully submitted an application you will be contacted by the Human Services Department regarding the next steps.

Online application: www.yes.state.nm.us

Phone (call to apply over the phone): (855) 637-6574

Consolidated Customer Service Center: (800) 283-4465

Website: <https://www.hsd.state.nm.us/lookingforassistance/applyforbenefits/>

Human Services Department (Income Support Division): Provides cash assistance to dependent needy children and disabled adults who are not eligible for other cash assistance programs. Each month a GA cash assistance allotment will be deposited into an Electronic Benefits Card. Like a debit card, one can use the EBT card to withdraw cash or purchase items. Note: The majority of people who qualify for General Assistance may qualify for other services provided by HSD.

Phone: (800) 283-4465

Text: (601) 401-4995 for general information 24 hours a day/7 day a week

Website: <https://www.hsd.state.nm.us/lookingforassistance/general-assistance-fordisabledadultsandunrelated-children/>

Human Services Department (Income Support Division), Low Income Home Energy Assistance

Program: LIHEAP assists eligible persons and families with their heating and cooling costs. Applicants will need the Application Form fully completed and submitted to your nearest HSD office or through the YesNM Portal in addition to other documents (identity, disability, income, etc.). Note: The majority of people who qualify for LIHEAP may qualify for other services provided by HSD.

Phone: (800) 283-4465

Website:

https://www.hsd.state.nm.us/lookingforassistance/low_income_home_energy_assistance_program/

Money Smart New Mexico: Offers many classes and resources for financial literacy to New Mexico's citizens, as a collaboration and coordinated effort of including businesses, trade organizations, financial institutions, schools, not-for-profits, libraries, government agencies and the media in New Mexico. Programming is offered to all demographics and income levels and covers all facets of personal finance from establishing a budget to first time home buying to estate planning to starting a small business. The goal is to help guide New Mexicans on the path to economic independence through expansion of their knowledge of financial concepts and access to financial resources.

Website: <https://www.moneysmartnm.org/>

NMWorks (Human Services Department/Income Support Division Temporary Assistance for Needy

Families): known in New Mexico as NMWorks, provides a monthly cash benefit used to meet basic family needs such as housing, utilities, and clothing. Each month a cash assistance allotment will be

deposited into an Electronic Benefits Card. Like a debit card, one can use the EBT card to withdraw cash or purchase items.

Phone: (800) 432-6217

Website: https://www.hsd.state.nm.us/lookingforassistance/temporary_assistance_for_needy_families/

Supplemental Security Income (SSI) & Supplemental Security Disability Insurance (SSDI): SSI is a cash assistance program for people who are 65 or older and for people of any age who are disabled or blind, and who don't own much and have little income. Social Security Disability Insurance (SSDI) is a federal program that provides monthly cash benefits to people who have worked, paid Social Security taxes, and now have a disability that prevents them from working.

4300 Cutler NE Albuquerque, New Mexico 87110

Phone: (800) 772-1213

Website: <https://www.ssa.gov/benefits/ssi/>

Website: <http://www.ssa.gov/disability/>

The Arc of New Mexico Financial Coach/Counselor Services: A program that supports individuals and families through training workshops in addition to one-on-one training regarding financial management and financial inclusion.

5130 Masthead St. NE Albuquerque, NM, 87109

Phone: (505) 883-4630

Website: <https://www.arcnm.org/>

FOOD ASSISTANCE

ABQ Mutual Aid: A collective of organizers and individuals working in solidarity to support the community by delivering free, contactless care packages. Everyone involved are volunteers, and they run solely off monetary / food donations gifted by our generous community. Care packages are delivered anywhere in Albuquerque and the surrounding area.

1002 Park Ave SW, Ste A Albuquerque, NM 87102

Website: <http://www.ffol.org/>

New Mexico WIC Women, Infants, and Children (WIC): A federally funded nutrition program for Women, Infants, and Children that helps families by providing financial assistance to purchase healthy supplemental foods from WIC-authorized vendors. WIC also provides nutrition education, breastfeeding information, and support as well as assisting in finding healthcare and other community services.

Phone: (866) 867-3124

Website: <https://www.nmwic.org/>

Public Library: Bernalillo County Emergency Food Providers: Comprehensive list of emergency food providers from the library website. Also includes links at the bottom for HELP New Mexico, NM Human Services Division, and FoodPantries.org.

Website: <https://abqlibrary.org/socialservices/food>

Rio Grande Food Project: Grocery pickups are limited to once a month per family. Recipients will need a photo ID for all adults in the household, as well as documentation to show guardianship of any children under 18 in the household.

Office & Food Distribution: 600 Coors Blvd. NW Albuquerque, NM

Phone: (505) 831-3778

Email: rgfp@rgfp.org

Website: <https://www.rgfp.org/need-food/>

Roadrunner Food Bank: Provides contact information for several distribution partners in your community. Also includes tips for people receiving food assistance from a partner organization. Food Assistance Line M-F 8am-5pm

Phone: (505) 349-5340

Phone: (575) 523-4390

Website: <https://www.rafb.org/>

Storehouse NM: Food pickups are limited to once a month per family. The website includes monthly calendars of when they are open, requirements to receive food, and guidelines. Also includes information about water and solid waste credits for homeowners, benefits connection center for low income seniors (65+) and people with disabilities (21+).

106 Broadway Blvd SE Albuquerque NM 87102

Phone: (505) 842-6491

Website: <https://storehousenm.org/home/need-food/>

GUARDIANSHIP

Adult Guardianship in New Mexico: There are many legal steps in the adult guardianship and conservatorship process. Visit the NM Courts website for information about guardianship, helpful resources, and answers to frequently asked questions.

Website: <https://adultguardianship.nmcourts.gov/>

Developmental Disabilities Council's Office of Guardianship: The DDC Office of Guardianship (OOG) is a statewide publicly funded program for New Mexican adults who need a guardian, are income eligible, and are alleged to be incapacitated. OOG Services Include: educating the public about least restrictive alternatives and guardianship, one-time legal services to request the state district court to appoint a family or professional guardian for income eligible adults, providing professional guardians to protected persons who do not have family or natural supports who are able to become the guardian, providing mental health treatment guardians, recruiting and contracting with professional guardians, attorneys, and court visitors, and responding to and investigating complaints against professional guardians contracted with DDPC.

625 Silver Avenue SW, Suite 100 Albuquerque, NM 87102

Phone: (505) 841-4519

Website: https://www.nmddpc.com/guardianship_program

The Arc of New Mexico Guardianship Program: The Arc US Position Statement on Guardianship: "Each individual adult and emancipated minor is legally presumed competent to make decision for [themselves] and should receive the preparation, opportunities, and decision-making supports to develop as a decision-maker over the course of their lifetime." The Arc of New Mexico provides guardianship services to persons with developmental disabilities who live in New Mexico and may not have family or friends to provide support; our professional guardians are required to be NGA certified. The Arc of New Mexico does not petition to become the guardian of any individual. Names of attorneys who can assist with the appointment of a guardian are available from the New Mexico Developmental Disabilities Council (DDC). These attorneys are available in your local area to assist with the petitioning and appointment process at low cost to persons who are resource-eligible.

5130 Masthead St. NE Albuquerque, NM, 87109

Phone: (505) 883-4630

Email: guardianship@arcnm.org

Website: <https://www.arcnm.org/>

National Guardianship Association Standards of Practice: NGA's Standards of Practice offer guidelines for guardians across the country. Topics include relationships with affected parties, decision-making standards, confidentiality, specific responsibilities, and much more.

Direct link to the standards:

<https://www.guardianship.org/wpcontent/uploads/NGAStandards2022.pdf>

NGA Bill of Rights for Adults who have a Guardian: Excerpted from NGA's Fundamentals of Guardianship, the Rights of Individuals Under Guardianship detail the rights that are retained by a person subject to guardianship. Guardians are responsible for ensuring that these rights are not violated.

Direct link to the NGA Bill of Rights for Adults who have a Guardian:

Website: <https://www.guardianship.org/wp-content/uploads/NGA-Bill-of-Rights-rev-11-4-22.pdf>

New Mexico Guardianship Association's Handbook for Guardians and Conservators: The purpose of the manual is to provide general information concerning guardianship, conservatorship and alternatives to guardianship and conservatorship.

Direct link to the handbook: <https://www.nmguardianassoc.org/handbook>

HEALTHCARE

Carrie Tingley Hospital (CTH): A specialized hospital in Albuquerque that offers a variety of multidisciplinary clinics. Children ages 0 through 21 years are eligible for services at the hospital. Specialize in treating complex musculoskeletal and orthopedic conditions, developmental issues, and long-term physical disabilities. More than 21 outpatient clinics, the only pediatric rehabilitation unit in New Mexico. Call to make an appointment. A referral may be required.

Phone, Main Operator: (505) 272-5200

Appointment Scheduling: (505) 272-IUNM (4866)

1127 University Blvd. NE Albuquerque, NM 87102

Website: <https://unmhealth.org/locations/carrie-tingley-hospital.html>

Centennial Community Care: Centennial Care is the name of the New Mexico Medicaid program with services provided by four managed care organizations (MCOs). These services include physical health, behavioral health, long-term care, and community benefits.

- **Centennial Care Community Benefit** offers services for members who qualify for nursing facility services but want to live at home. This program is an alternative option to placement in a nursing facility. The Community Benefit is not available for 24-hour care. This benefit supplements your natural supports.
- Centennial Care Managed Care Organizations (MCOs) provide Community Benefit. It is based on your needs.
- Centennial Care members who meet a nursing facility level of care may qualify to receive Community Benefit.

To apply for Centennial Care Medicaid, check eligibility, or enroll in or switch your managed care organization (MCO), visit the YesNM Online Portal: <https://www.yes.state.nm.us/yesnm/home/index>

Toll-free phone: (800) 283-4465

Children's Medical Services (CMS): A program under the NMDOH Public Health Division. CMS social workers assist with coordinating health, medical and other community resources/services for children or youth with special health care needs (CYSHCN) birth to 21 years of age. They host over 130 pediatric outreach clinics for CYSHCN. They work with UNM hospital and other local specialty providers to help you access care if you live in a rural part of the state.

Phone: (877) 890-4692

Website: <https://www.nmhealth.org/about/phd/fhb/cms/>

First Nations Community Healthsource: Provides a culturally competent comprehensive health delivery system integrating traditional values to enhance the physical, social, emotional, and spiritual needs- of American Indian/Alaskan Native families and other underserved populations residing in Albuquerque and the surrounding areas.

5608 Zuni Rd. SE Albuquerque, NM 87108

Phone: (505) 262-2481

Website: <https://www.fnch.org>

UNMH Center for Development and Disability Information Network: The CDD offers over 50 different services including an Autism Spectrum Evaluation Clinic and a Neurocognitive Assessment Clinic.

2300 Menaul Blvd NE Albuquerque, NM 87107

Phone: (505) 272-3000

Website: <https://hsc.unm.edu/cdd/>

UNM Health Specialty Clinics: At UNM Health, adults with developmental, physical and neurological disabilities get compassionate, life-long care from specially trained providers. Visit one of our specialty clinics throughout Albuquerque for consultations, evaluations, care, or treatment.

Neurology Clinics: UNM Health operates several neurology clinics throughout New Mexico. The Neurology Consultation Clinic is a weekly clinic for people with intellectual or developmental disabilities. This clinic specializes in seizure disorders, headaches, and dementia evaluation. Call (505) 925-2378 to make an appointment.

Visit the Adult Neurology/Vagal Nerve Stimulator in Roswell or the Adult Neurology Clinic in Clovis for treatment of seizure disorders or developmental disabilities. The Roswell clinic is held every other month at the Eastern New Mexico Family Medicine Residency Center in Roswell, NM.

For an appointment, call (505) 925-2383 (Roswell) or (505) 925-2386 (Clovis).

Special Needs Clinics: We offer an adult special needs clinic in Albuquerque and in Valencia County. The Albuquerque clinic specializes in complex situations which require diagnostic clarification, addressing medical care questions or assistance with support systems. Patients must complete an intake over the phone or in person before being scheduled in the clinic. This clinic is offered twice a month at the UNM Family Practice Building. The Adult Special Needs Clinic in Valencia County is a quarterly offering to assist primary care physicians treating adults with developmental disabilities. Patients must be evaluated before attending the clinic.

Call (505) 925-2383 for information about the Valencia clinic.

Developmental Disabilities and Mental Illnesses (DDMI) Clinics: DDMI clinics are held on a recurring basis in Roswell, Shiprock, Taos, Silver City and Las Cruces. They are available for those who have cooccurring developmental disabilities and mental illnesses.

Please call (505) 925-2350 to learn more about the clinic model.

The NM SAFE Program (Supports and Assessment for Feeding and Eating) evaluates feeding abilities in children and adults with developmental disabilities. The SAFE team includes a registered dietitian, physical therapist, physician, and speech pathologist with expertise in swallowing disorders.

Evaluations are available at the Albuquerque clinic or at selected community-based sites. We also use interactive videoconferencing through the telemedicine network. If needed, we can provide assistive eating utensils. We will create an instructional video for you to take home too.

For further information about the program or to schedule a SAFE evaluation, call (505) 272-3167.

HOUSING RESOURCES

ABQ Housing Authority: A government agency working with Albuquerque residents to provide residential assistance and public housing options. Public Housing, Section 8 Housing, Veterans Housing.

Phone: (505) 764-3989

Email: mpetroff@abqha.org

Website: <https://abqha.org/>

ABQ Opportunity Center (AOC): Provides emergency housing, permanent supportive housing services and prioritized street outreach to people experiencing homelessness. Programs include: ABQ Street Connect, Albuquerque Heading Home, Albuquerque Opportunity Center, Families heading Home, Lexington Hotel, and Westside Emergency Housing Center.

P.O. Box 27636 Albuquerque, NM 87125

Phone: (505) 344-2323

Email: info@headinghome.org

Website: <https://headinghome.org>

Barrett Foundation: Provides housing programs ranging from emergency shelter to permanent housing. All housing programs provide supportive services. The organization also operates a thrift store. (For women and children only)

10300 Constitution Ave NE Albuquerque, NM 87112

Office Phone: (505) 246-9244

Direct Shelter Phone: (505) 243-4887

Website: www.barrettfoundation.org

Bernalillo County Housing Department: Provides decent, safe, sanitary, affordable housing opportunities to income eligible residents of the county.

1900 Bridge Blvd. SW Albuquerque, NM 87105

Phone: (505) 314-0200

Website: <https://www.bernco.gov/community-services/housing-services-programs/online-services/housing/>

Casa Q: Provides safe living through housing, services, and advocacy. We are family and friends, supporting and strengthening our community through love and acceptance.

Phone: (505) 872-2099

Email: steven.serrano@casaq.org

Website: www.casaq.org/

Central New Mexico Housing: Central New Mexico Housing Corporation works in conjunction with local, state, and federal programs to permanently reduce energy bills of low-income families by making their homes more energy efficient.

703 Osuna Rd. NE Ste. 2 Albuquerque, NM 87113

Phone: (505) 345-4949

Website: <https://www.centralnmhousing.org>

Crisis Center of Northern NM: Emergency shelter for victims and children escaping domestic abuse; also provides rental assistance. Walk-ins welcome.

577 El Llano Road Española, NM 87532

Phone: (505) 753-1656 (24-hour assistance)

Email: ccnnm@crisis-centers.org

Website: <https://crisiscenters.org/>

Cuidando Los Niños: The mission of Cuidando Los Niños is to break the cycle of homelessness for children and families. We do this by providing high-quality early childhood education, therapeutic services, supportive housing, and parent education.

1500 Walter St NE Albuquerque, NM 87102

Phone: (505) 843-6899

Website: <https://clnabq.org/>

El Camino Real Housing Authority: The purpose of the El Camino Real Housing Authority is to promote, preserve and provide quality affordable housing and relative services for low and moderate income families, helping residents to improve their lives and ensure a brighter future.

301 Otero Avenue East Socorro, NM 87801

Phone: (505) 207-8155

Website: <http://elcaminorealhousing.org/default.aspx>

Enlace Comunitario Housing and Financial Stability Services: Supporting our clients with the resources needed to find and maintain appropriate housing. Guiding them through the process, establishing goals, and creating a plan of action.

2425 Alamo Ave SE Albuquerque, NM 87108

Phone: (505) 246-8972

Email: info@enlacenm.org

Website: <https://www.enlacenm.org/>

Fair Housing Accessibility First Home: An initiative designed to promote compliance with the Fair Housing Act design and construction requirements. The program offers comprehensive and detailed instruction programs, useful online web resources, and a toll-free information line for technical guidance and support.

Call Toll-Free: (888) 341-7781 (V/TTY)

Email: FairHousingFirst@hud.gov

Website: https://www.hud.gov/program_offices/fair_housing_equal_opp/accessibility_first_home

HELP New Mexico: Prioritizes services for families with children, seniors and the disabled. Short-term Housing Stabilization Assistance. Other services include education, food assistance, job training, housing, childcare and basic assistance.

5101 Copper Ave NE Albuquerque, NM 87108

Phone: (505) 265-3717

Website: <https://helpnm.com>

Independent Living Resource Center (ILRC): Community agency founded in 1989 to encourage and empower individuals with disabilities to participate fully in family, community, and work life. Provides advocacy and services to people with all disabilities in 16 New Mexico counties.

1720 Louisiana Blvd. NE, Suite 204 Albuquerque, NM 87110

Phone: (505) 266-5022

Toll-Free: (800) 260-5022

Website: <https://www.ilrcnm.org/>

Mesilla Valley Community of Hope: Promote dignity and empowerment among the homeless population by providing shelter services, case management, income support and permanent housing programs in Las Cruces and Dona Ana County, New Mexico.

999 W. Amador Las Cruces, NM 88005

Phone: (575) 523-2219

Email: hope@zianet.com

Website: <http://www.mvcommunityofhope.org/>

NM Coalition to End Homelessness: They can refer to other housing assistance programs through their Coordinated Assessment System (also referred to as VI-SPDAT). Do not provide homeless prevention, individuals must be on the street to get support, according to HUD's definition of "homeless."

440 Cerrillos Road, Suite 4 Santa Fe, NM 87501

Phone: (505) 982-9000

Email: info@nmceh.org

Website: <https://www.nmceh.org/>

New Mexico Mortgage Finance Authority (MFA): Public entity that provides financing for housing another related service too low to moderate-income New Mexicans. Strengthen New Mexico families and communities by creating quality, safe homes that people can afford.

344 4th St SW Albuquerque, NM 87102

Phone: (505) 843-6880

Website: <https://housingnm.org/>

Supportive Housing Coalition of New Mexico: Provides affordable, permanent, and supportive housing to individuals and families in New Mexico.

625 Silver Avenue SW, Suite 420 Albuquerque, NM 87102

Phone: (505) 255-3643

Email: info@shcnm.org

Website: <https://www.shcnm.org>

Tiny Home Village: New Mexico's first tiny home transitional housing project is funded by Bernalillo County and managed by the Albuquerque Indian Center. They provide accompaniment and resources

to people who are currently unhoused within a communal and supportive environment so that they can sustainably self-actualize.

415 Silver SW, 8th Floor. Albuquerque, NM 87102

Phone: (505) 468-7000 option #7

Email: Manager@bernco.gov

Website: <https://www.bernco.gov/community-services/housing-services-programs/tiny-homevillage/>

U.S. Department of Housing and Urban Development (HUD): If you believe your rights may have been violated, submit a complaint with HUD. Because there are time limits on when a complaint can be filed with HUD after an alleged violation, you should submit a complaint as soon as possible.

Field Office: 500 Gold Avenue SW - 7th Floor, Suite 7301

Phone: (505) 346-6463

TTY: (800) 877-8339

You can ask for disability-related assistance when you contact them, including reasonable accommodations and auxiliary aids and services.

Email: NM_Webmanager@hud.gov

Website: [https://www.hud.gov/program_offices/fair_housing_equal_opp/onlinecomplaint# Assistance for Persons](https://www.hud.gov/program_offices/fair_housing_equal_opp/onlinecomplaint# Assistance_for_Persons)

Visitability, Basic Access to Homes: a growing trend nationwide! The term refers to single-family or owner-occupied housing designed in such a way that it can be lived in or visited by people who have trouble with steps or who use wheelchairs or walkers. A house is visitable when it meets three basic requirements:

- one zero-step entrance.
- doors with 32 inches of clear passage space.
- one bathroom on the main floor you can get into in a wheelchair.

Visitability.org is hosted by the National Council on Independent Living and collects resources and information about visitability. This is a movement to change home construction practices so that virtually all new homes — not merely those custom-built for occupants who currently have disabilities — offer a few specific features making the home easier for mobility-impaired people to live in and visit.

Email: ncil@ncil.org or eleanor@ncil.org

Phone: (202) 207-0334

Toll Free: (844) 778-7961

Website: <https://visitability.org/aboutvisitability/#definition>

Women's Housing Coalition: Assists low-income women with children who are motivated to become self-sufficient by providing affordable housing, training, and a variety of support needs.

3005 San Pedro Dr. NE Albuquerque, NM 87110

Phone: (505) 884-8856

Email: whcabq@yahoo.com

Website: <https://www.womenshousingcoalition.com/about>

Yes Housing Developing Communities: Listing of housing properties that have a certain % of housing to accommodate people with disabilities and the elderly community, and have options for Section 8 housing.

901 Pennsylvania Ave. NE Albuquerque, NM 87110

Phone: (505) 254-1373

Website: <https://www.yeshousing.org>

LEGAL RESOURCES

Ask A Public Defender: The third Friday of every month at the International District Library. Bring your questions from 10:00 am to 5:00 pm. If they can help, they will.

7601 Central Ave NE Albuquerque, NM 87108

Main Law Offices: 505 Marquette NW, Ste. 120 Albuquerque, NM 87102

Phone: (505) 369-3600

Website: <https://www.lpdnm.us/>

Disability Rights New Mexico (DRNM): A private, non-profit organization whose mission is to protect, promote and expand the rights of persons with disabilities. They are the designated protection and advocacy program for New Mexico, and have authority under federal law to pursue legal, administrative, and other remedies on behalf of persons with disabilities. Located in the James Jackson Center for Disability Rights building. The Center is just east of the traffic light intersection of Juan Tabo Blvd. NE, and Juan Tabo Place, NE, between Comanche and Montgomery.

Phone: (505) 256-3100

State-wide Toll Free: (800) 432-4682

Email: info@drnm.org

Website: <https://drnm.org/get-help/>

Native American Disability Law Center: Provides advocacy, referral information, and educational resources to all Native Americans with a disability living anywhere in the Four Corners area.

905 W. Apache Street Farmington, NM 87401

Phone: (505) 566-5880

Toll free: (800) 862-7271

Email: info@natedisabilitylaw.org

Website: <https://www.natedisabilitylaw.org/>

New Mexico Free Legal Answers: Lawyers in NM provide free online legal consultations through the American Bar Association.

Website: <https://nm.freelegalanswers.org/>

New Mexico Legal Aid: Free legal aid in New Mexico. NMLA has ten office locations serving all counties in New Mexico, although the majority of San Juan County is covered by their partner agency, DNA People’s Legal Services. If you are not sure which office to contact, call the main office in Albuquerque at 505-243-7871. To apply for legal help, call the Statewide Intake Line at 1-833-5454357 (Monday Thursday, 10:00am to 3:00pm) or apply online by visiting their website.

505 Marquette Avenue NW, Albuquerque, NM, 87102

Phone: (505) 243-7871

Statewide Intake Line: 1-833-LGL-HELP (1-833-545-4357)

Website: <https://www.newmexicolegalaid.org/>

Senior Citizens Law Office (SCLO): Offers different services to address a variety of needs of senior citizens in NM. Services include free legal services to help eligible seniors address issues related to healthcare, public benefits, housing, advance directives, neglect and exploitation, guardianships, uncontested grandparent adoptions, and more.

4317 Lead Avenue S.E., Suite A Albuquerque, New Mexico 87108

Phone: (505) 265-2300

Website: <https://sclonm.org/>

State Bar of New Mexico: Directory of lawyers where individuals can search by practice area, language, and more. May include volunteer attorneys as well attorneys offering free or lesser price consultations.

5121 Masthead St. NE Albuquerque, NM 87109

Phone: (505) 797-6000 or (800) 876-6227

Website: <https://www.nmbar.org/>

MENTAL HEALTH RESOURCES

988: The 24/7 Lifeline for Emotional, Mental, or Substance Misuse Support: 988 is a free nationwide helpline for emotional, mental or substance use crisis. It is for people in distress to have “someone to call, someone to come and somewhere to go”. 988 calls, texts and chats are answered by trained, compassionate behavioral health professionals who know community mental health and substance use resources. They will listen, offer support and work together with the caller to develop a plan for safety and recovery.

Phone (call or text): 988

Website: <https://988nm.org/>

Albuquerque Family Mental Health Clinic: Programs that provide walk-in, walk-out diagnostic and treatment services for children, adolescents and/or adults who have acute or chronic psychiatric disorders but do not need 24-hour care; and/or provide counseling services for individuals, couples, families and extended family groups who may be experiencing difficulty resolving personal or interpersonal conflicts or making personal adjustments to stressful life situations such as separation, divorce, widowhood, loss of a child, poor health, unemployment, family violence, delinquency or substance abuse.

401 San Pedro Dr NE Albuquerque, NM 87108

Phone: (505) 256-0065

Email abqfamilymh@gmail.com

Bosque Mental Health Associates: Through outpatient counseling, Bosque Mental Health has been helping families, couples, and individuals from children through adults.

5310 Homestead NE, Suite 300 Albuquerque, NM 87110

Phone: (505) 503-6838

Email: bmh@bosquementalhealth.com

Website: <https://bosquementalhealth.com/>

First Nations Community Healthsource: Committed to providing a culturally competent comprehensive health delivery system integrating traditional values to enhance the physical, social, emotional, and

spiritual needs of American Indian/Alaskan Native families and other underserved populations residing in Albuquerque and the surrounding areas.

Zuni Clinic: 5608 Zuni Road SE Albuquerque, NM 87108

Truman Clinic: 625 Truman Street NE Albuquerque, NM 87110

Phone: (505) 262-2481

Website: <https://www.fnch.org/> (for all clinics)

GD Psych Services: Their comprehensive counseling services can provide supervision and support for a variety of issues. They can provide forensic evaluations and assessments, personnel selection, psychological, learning style, and neurological testing services to accurately provide diagnoses, occupational match, treatment planning, and recommendations. Clients are treated by a specialized licensed mental health professional in Individual & Group sessions; Marital Counseling; Military Specific Therapy; Substance Use Counseling; Trauma Focused Counseling; Play Therapy; Sand Tray Yoga Therapy, Counseling Focused on Emotional Functioning and Regulation, and CYFD and Court Referred Counseling. They accept self-pay, Presbyterian, NM Medicaid, Western Skies, Tricare West, United Health, True Health, Espyr, Tricare, Medicare, Blue Cross Blue Shield, Magellan, Cigna and Humana.

Locations:

- 2200 Grande Blvd. SE Suite B Rio Rancho, NM 87124
- 4200 Meadowlark Ln SE, Ste 1A and 4A, Rio Rancho, NM 87124
- 918 Pinehurst Rd SE Suite 101, Rio Rancho, NM 87124
- 3600 Rodeo Ln, Unit B6, Santa Fe, NM
- 9301 Indian School Rd NE, Albuquerque, NM 87112
- 200 ½ North 1st Street, Grants, NM 87020 Phone:

Phone: (505) 218-6383

Website: <https://gdpsychservices.com/>

Life Skills Learning Center: A full-service counseling center. Licensed counselors help people with a variety of needs and offer specialized help with depression, anxiety, stress, relationships, adjustment, PTSD, loss, and trauma.

1200 Thornton Street Clovis, NM. 88101

Phone: (575) 935-4411

Email: alycia@matt25clovis.com or deanna@matt25clovis.com

Website: <https://lifeskillsclovis.com/>

MITC Training and Education: MITC's mission is to provide evidence-based, affordable, and accessible mental health training, coaching and consultation services.

2440 Louisiana Blvd NE Suite 301 Albuquerque, NM 87110

Phone: (505) 697-8344

Email: nmmmitc@gmail.com

Website: <https://www.nmmmitc.com/>

National Alliance for the Mentally Ill (NAMI): If you or a loved one is experiencing any kind of emotional crisis, mental health, or substance use concern, you can find free help 24 hours a day, seven days a week.

NAMI New Mexico: 3900 Osuna Rd NE Albuquerque, NM 87109

NAMI Helpline: (800) 950-NAMI (6264)

Website: <https://naminewmexico.org/>

New Mexico Solutions: Person-centered, comprehensive behavioral health services. Committed to improving the lives of their clients through a comprehensive array of ethical, effective community based behavioral health services.

707 Broadway NE Suite 500 Albuquerque, NM 87102

Phone: (505) 268-0701

Crisis phone: (800) 433-7291

Website: <https://www.newmexicosolutions.com>

The Life Link: Services include housing support, mental health support, substance abuse support, and human trafficking aftercare.

2325 Cerrillos Rd. Santa Fe, NM 87505

Phone: (505) 438-0010

Email: info@thelifelink.org

Website: <http://www.thelifelink.org/>

The New Mexico Crisis and Access Line (NMCAL): A statewide mental health crisis line and peer support warmline for anyone who resides in the State of New Mexico. NMCAL is a centralized, single

The Arc of New Mexico Resource Guide

telephone number. The crisis line is answered by professional counselors 24 hours a day, 7 days a week, 365 days a year. The warmline is answered 7 days a week, 365 days a year, from 3:30pm - 11:30pm.

Crisis Line: 1-855-NMCRISIS (1-855-662-7474)

Peer to Peer Warmline: 1-855-4NM-7100 (1-855-466-7100)

SOCIAL SECURITY DISABILITY

Supplemental Security Income (SSI)/ Social Security Disability Insurance (SSDI)

- Social Security Card Application: <https://www.ssa.gov/forms/ss-5.pdf>
- “How to Apply for Social Security in NM” Tipsheet:
<https://www.cdd.unm.edu/otherdisabilityprograms/information-network/pdfs/tipsheets/social-security-pdfs/social-securitybenefitshow-to-apply-for-ssdi.pdf>
- List of Social Security Field Offices in NM:
<https://www.disabilitybenefitshelp.org/socialsecuritydisability-locations/new-mexico>

Three ways to apply for Social Security Disability Insurance:

1. Online on SSA’s website: <https://www.ssa.gov/applyfordisability/>
2. Apply over the phone by calling SSA’s Customer Service Line: (800) 772-1213 or (800) 325-0778 (TTY), M-F 7am-7pm
3. In person at a local SS office, call first to make an appointment.

Albuquerque Social Security Office
500 Lead Avenue Southwest, #100 Albuquerque, New Mexico 87102
Phone: (866) 613-9961
Website: <https://www.ssa.gov/>

TRANSPORTATION

Albuquerque Sun Van Paratransit Service: Sun Van, ABQ RIDE's paratransit service, provides accessible transportation to persons residing in or visiting the metro area whose impairment makes it impossible to ride the fixed-route service. ABQ RIDE Paratransit provides origin-to-destination service to and from any address in Albuquerque and most of Bernalillo County. Door to Door service is also available upon request at the time of reservation. Sun Van passengers may book rides to COVID-19 vaccination sites with at least one days' notice.

100 First SW Albuquerque, New Mexico 87102

Phone: (505) 243-7433

Website: <https://www.cabq.gov/transit/paratransit-service>

Dial-a-Ride & Paratransit: Rio Metro and their transit partners provide accessible transportation services for people with disabilities residing in Valencia County, Rio Rancho and the Albuquerque Metro area whose impairment makes it impossible to ride any of the fixed route bus services.

Individuals must meet eligibility requirements for some services. Reduced Train Fares are available to:

- Senior citizens age 62 and over
- Medicare card holders
- People with disabilities that show NM Motor Vehicle Department notification,
- Letter from the doctor indicating the disability (with expiration date), ABQ RIDE Honored
- Citizen Card, a Santa Fe Ride Card or Santa Fe Trails Half Fare Card All Rio Metro bus and Dial-a-Ride Services are fare free.

Phone, toll free: (866) 795-RAIL (7245)

Driving to Independence: Individuals who want to attain or maintain community independence might benefit from a professional driver evaluation and suggestions provided by Driving to Independence. With evaluations focusing on unique requirements or problems, we are able to give personalized assistance to each of our customers. Following your examination, you will be given a suggestion for your next steps toward driving freedom and safety. Our assessment cars are examined by state authorities on an annual basis and are equipped with the most up-to-date adaptive driving equipment for you.

4263 Montgomery Boulevard NE, Suite I-235 Albuquerque, New Mexico 87109

Phone: (855) 449-3331

Email: info@DrivingToIndependence.com

Website: <https://drivingtoindependence.com/>

Las Cruces Dial-A-Ride: A paratransit service offered by the City of Las Cruces RoadRunner Transit. Dial-a-Ride provides origin to destination on-demand transportation service to qualified individuals with disabilities as defined by the Americans with Disabilities Act (ADA). Fare is \$1 for each one-way trip for qualified ADA individuals. Dial-a-Ride vehicles are wheelchair accessible and are operated by specially trained drivers. This information is also available as a brochure in English and Spanish.

300 W Lohman Avenue Las Cruces, New Mexico 88001

Phone: (575) 541-2777

Website: <https://www.las-cruces.org/1319/Dial-A-Ride>

Rio Rancho Dial-A-Ride: A weekday door-to-door transportation service for Rio Rancho residents 62 years of age and older, and disabled adults 18 years of age and older. This service is for Rio Rancho residents only and only available for those registered to use the service. In order to receive service, all Dial-a-Ride passengers must complete an application form and be a Rio Rancho or Village of Corrales resident, with a physical address in Rio Rancho or Village of Corrales. Staff will ask for proof of residence, i.e., driver's license, checks, any utility bills.

1804 Idalia Road NE Rio Rancho, New Mexico 87124

Phone: (505) 994-1608

Website: <https://www.riometro.org/243/Rio-Rancho>

Santa Fe Ride: Santa Fe Ride ADA Complementary Paratransit Service serves the needs of customers who, because of a disability, are unable to use the Santa Fe Trails fixed-route system, and who meet the definition of "ADA paratransit eligible," as established by the U.S. Department of Transportation (DOT) Americans with Disabilities Act (ADA) of 1990. Santa Fe Ride also provides transportation to adults 60 years of age and older, who are City of Santa Fe residents and reside in the city limits. To qualify residents must complete an application and receive a Santa Fe Ride picture id. A premium fare of \$5.00 per trip is charged for seniors.

2931 Rufina St. Santa Fe, New Mexico 87507

Phone: (505) 473-4444

Website: https://www.santafenm.gov/santa_fe_ride

United Access: A private company that works with industry-leading manufacturers to offer wheelchair vans, trucks, and SUVs, as well as wheelchair lifts and scooter lifts, hand controls, and power transfer seats. United Access has a team of Mobility Specialists that will assist customers in providing and finding options. Additionally, the Mobility Specialists help customers consider various funding and financing options accessible through the marketplace. Veterans can apply for special grants, and they work closely with Veterans Affairs to stay up to date on their offers and guidelines.

3825 Osuna Rd NE #1 Albuquerque, New Mexico 87109

Phone: (505) 884-2492

Website: <https://www.unitedaccess.com/locations/albuquerque-nm/>

Valencia County Dial-A-Ride: The Rio Metro Regional Transit District operates Dial-a-Ride services to connect communities in Valencia County. Valencia County Dial-a-Ride can accommodate the general public, including seniors and people with disabilities. Dial-a-Ride connects to New Mexico Rail Runner Express station, which connects to Albuquerque, Bernalillo, or Santa Fe. This service operates on weekdays only. Available to anyone traveling throughout Valencia County, including Belen, Bosque Farms, Los Chavez, Los Lunas, Peralta, Rio Communities and Tomé.

101 Courthouse Road SE Los Lunas, New Mexico 87031

Phone: (866) 795-7245

Website: <https://www.riometro.org/244/Valencia-County>

OTHER GENERAL RESOURCES & HELPFUL INFORMATION

ABQ Faith Works Collaborate: ID clinic Providing free assistance in getting NM ID's, driver licenses, birth certificates etc. Wednesdays 10:00am to 12:00pm.

Central United Methodist Church 201 University Blvd NE Albuquerque, NM 87111

Phone: (505) 457-1728

Email: info@abqfaithworks.org <https://www.abqfaithworks.org/>

Adelante Benefits Connection Center: We help low-income adults connect to government benefits programs like SNAP (Supplemental Nutrition Assistance Program), Medicare Part D Low Income Subsidy, Medicare Savings Program (QMB), Low Income Energy Assistance Program, Low-Income Water/Solid Waste Credit and Medicaid.

Benefits Checkup & Screening: Call us at 505.273.5222 or toll-free at 844-CON2BEN (1-844-266-2236 outside the Albuquerque metro area) between 8:00 am and 5:00 pm, Monday through Friday. One of our benefits assistants will gather the necessary information and run you through a Benefits Check-Up.

Phone: (505) 341-7144

Email: ExplorePrograms@GoAdelante.org

Website: <https://goadelante.org/disability-services/>

Independent Living Resource Center: ILRC serves individuals with disabilities in a sixteen-county service area by providing support, advocacy, and removing barriers that prevent people with disabilities from full and equal participation in all aspects of community life. Services are designed to increase independence and self-sufficiency.

1720 Louisiana Blvd. NE, Suite 204 Albuquerque, NM 87110

Local Phone: (505) 266-5022; Toll-free Phone: (800) 260-5022

Website: <https://www.ilrcnm.org/>

Medical Diagnosis Providers (not previously listed in the guide)

- Behavioral Health Works (800) 249-1266 x0
- Autism Spectrum Therapies (505) 569-7003
- Dr. Clifford Morgan Ph.D (Adult Diagnosis) (505) 865-7100
- Northern New Mexico Neuropsychology: Email: admin@nmneuropsych.com; Phone: 505-490-9049

The Arc of New Mexico Resource Guide

- FirstSteps Autism Evaluations , up to age 7: Phone: 505-449-7209; Email: info@firststepsabq.com
- Jonathan Katz, Clinical Psychologist , Taos: Email: dr.katz@jonkatz.life; phone: (575) 613-4167
- Cross River Therapy (505) 295-6685
- Insight Psychology, Inc. , 1-3 years old (Santa Fe): Email admin@insightpsychologyinc.com; Phone: (505) 477-1670
- Wilderwood Equine Therapy and Rescue , Adult Evaluation (Peralta): Email office@wilderwoodequinetherapy.org; Phone: (505) 459-9813

New Mexico Human Services Department Consolidated Customer Service Center (CCSC): The CCSC is a one-stop shop for HSD clients, customers, and providers to get program or eligibility information, access their case status and updates, obtain benefits details.

Phone: (800) 283-4465

Email: ISD.ConstituentServ@hsd.nm.gov

Website: https://www.hsd.state.nm.us/contact_us/

New Mexico Yes Portal: This is your portal to apply quickly and easily, check, update, or renew for a variety of public assistance programs. Create an account now to apply for and access your status for various benefits.

Phone: (800) 283-4465

Website: <https://www.yes.state.nm.us/yesnm/home/index>

Recreational Activities:

Adaptive Sports Program New Mexico: Since 1985, the Adaptive Sports Program New Mexico has offered therapeutic recreational activities to children and adults with disabilities. Today, ASPNM proudly offers a wide variety of adaptive sports year round, including skiing, snowboarding, watersports, river rafting, yoga, rock climbing and more. Events and activities offered throughout New Mexico.

Phone: 505-570-5710

Email: info@AdaptiveSportsProgram.org

Albuquerque Therapeutic Recreation Program: Therapeutic Recreation programs are fully inclusive and are offered throughout the city for persons with and without disabilities, age 6 through high

school. Therapeutic Recreation also includes some adult programs. A variety of services are offered including art, leisure education, performing arts, gross motor activities, and games. The dates and times of programs will vary with each program.

Heights Community Center: 823 Buena Vista SE, Albuquerque NM 87106

Phone: 505-848-1334

Camp New Amigos (Las Cruces): Camp New Amigos is Hearts for Autism's flagship program for children with autism spectrum disorders. It was created to give children with autism the chance to get a camp experience, make friends, and have fun. Activities for children at the camp include arts and crafts, archery, horseback riding, rock wall climbing, sensory activities, swimming and much more.

Phone: (575) 323-1316

Email: heartsforautismnc@gmail.com

The Mountain Dojo: Their mission is to provide an inclusive creative space for people with and without disabilities to connect through art, movement, employment, and community projects. To set up sustainable systems so people are able to take classes and learn new skills free of barriers that may exist.

Email: stefgraner@gmail.com

319 Mountain Rd NE, Albuquerque, NM 87102

Phone: (701) 720-8634

Kayak New Mexico: Kayak New Mexico, Inc. is a volunteer-run non profit organization; they believe Adaptive Kayaking will transform lives, not just through recreation, but through paradigm shifts of what an individual believes is possible, through quality of life, and through health and wellness, while proving to themselves and others that their identity is not related to their abilities.

Email: Jane@kayaknewmexico.org

Website: <https://www.kayaknewmexico.org/>

Las Cruces Parks and Recreation Department: offers a variety of activities and sports programs for individuals with disabilities. These programs are designed to provide opportunities for people of all abilities to participate in recreational activities and promote physical fitness, socialization, and skill

development. Examples of the activities and sports offered: wheelchair basketball, Special Olympics, aquatics, inclusive recreation programs, and sports events.

City of Las Cruces: 700 N Main Las Cruces, NM 88001

Phone: 575-541-2000

Website: <https://www.lascruces.gov/1419/Therapeutic-Activities-Sports>

Special Olympics New Mexico (SONM): Special Olympics New Mexico works towards building inclusive communities, transforming lives through sport, and improving the quality of life for people with intellectual disabilities (ID). Through programs in sports, health, education and leadership, Special Olympics is creating a world where each person is included, respected, and celebrated for their abilities.

Phone: 505-856-0342

Website: <https://sonm.org/>

Lobo Little League- Challenger Division: The Little League Challenger Division® was founded in 1989, and is Little League's adaptive baseball program for individuals with physical and intellectual challenges. Any individual with a physical or intellectual challenge may participate. The Little League Challenger Division accommodates players ages 4 to 18; or up to age 22 if still enrolled in school. The Senior League Challenger Division accommodates players ages 15 and above (no maximum age).

Website: <https://www.littleleague.org/play-little-league/challenger/>

RESOLVE/IMPACT, Personal Safety: Our goal is for every person, regardless of age, gender, race, or physical or mental ability, to be able to go where they want, when they want, day or night, feeling comfortable and safe moving through their daily lives.

313 Camino Alire, #207 Santa Fe, NM 87501

Phone: (505)-992-8833

Email: info@resolvenm.org

Website: <https://www.impactpersonalsafety.com/>

SARTAC: The mission of Self Advocacy Resource and Technical Assistance Center (SARTAC) is to strengthen the self-advocacy movement by supporting self-advocacy organizations to grow in diversity and leadership.

Email: connect@selfadvocacyinfo.org

Website: <https://www.selfadvocacyinfo.org/>

Service Dogs of New Mexico: Is proud to announce the nationwide expansion of our available programs! Now offering both in person and online options for service dog training, non-attorney disability advocacy, business training, and dog selection. Select a program to find out more or contact our staff and trainers every day between 9am - 5pm MST for assistance.

Phone: (505) 350-1569

Email: Servicedogsofnm@gmail.com

Website: <https://www.servicedogsnm.org/>

SHARE New Mexico: hosts New Mexico's largest, most up-to-date and comprehensive Resource Directory for community resources and social services. From childcare to senior services, education to housing and beyond, Share NM's resource directory helps you quickly find the resources you need.

Website: <https://sharenm.org/nm-resources>

United Way Service: Browse by service category or search by agency or program name to find community resources.

Website: <http://www.navigateresources.net/uwcnm/>