

2021



Resource Guide



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The Arc of New Mexico

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A message from The Arc

This resource guide was assembled by The Arc of New Mexico advocacy staff. We know that agencies and supports change often, so we will be updating this guide on an annual basis. If there is information that needs to be added, deleted, or changed, please contact us at Advocate@arcnm.org. We hope that the information in this guide is helpful and supports you and your community.

ALL ABOUT MEDICAID

The Department of Health's **Developmental Disabilities Supports Division** (DDSD) oversees the home and community based (HCBS) Medicaid waiver programs, which includes:

- Developmental Disabilities Waiver (DD Waiver)
- Medically Fragile Waiver
- Mi Via Self-Directed Waiver

DDSD also provides several State General Funded Services, and administers the Family Infant Toddler (FIT) Program

Centennial Community Care

This is NOT a waiver, just the name for Medicaid in NM. Individuals on the waitlist for services may be eligible for Centennial Community Care Benefits, and can contact their Managed Care Organization (MCO) for more information.

HCBS 1915 (c) Waivers: These are considered “waivers” because they “waive” an individual’s right to a bed in an institution or nursery home in favor of community-based services.

- DD Waiver
- Medically Fragile
- Mi Via
- Supports Waiver *introduced July 2020!*

DD Waiver

- Individuals are able to select from a “menu” of services, which can include case management, day services, living supports, therapies, assistive tech, independent living, adult nursing, personal care, crisis support, respite, and more.
- Once the individual with a disability or representative fills out the necessary application paperwork, they are placed in the Central Registry, which is a database that contains all the info of applicants
- The waiting list for services is LONG! Could take 10-15 years before services begin, and there are currently more people on the waiting list than people receiving services.

- DD Waiver recipients also receive Centennial benefits even if they were not financially eligible due to household income prior
- When funding permits, DDSD will send out an annual “pre-service letter” which alerts individuals that they are near the top of the list and that services may be available in the coming year
- Once a funding slot is available, the DDSD mails a packet of info, called a Letter of Interest. Once filled out and returned, an official Allocation Letter is then sent. Individuals are assigned a case worker at DDSD who typically assists with the application.

Medically Fragile Waiver

- This waiver provides services to individuals who have both a medically fragile condition and a DD. Services may include case management, private duty nursing, physical or occupational therapy, respite, specialized medical equipment, and more.
- “Medically fragile” means needing ongoing skilled nursing care, evaluation, and decision making due to a complex chronic medical condition.
- Like the DD waiver, MFW recipients will also receive Centennial benefits
- The Med Fragile Waiver is not age restrictive—participants cannot “age out”

Mi Via

- The Mi Via Waiver is a Medicaid waiver program that allows individuals self-direct their own waiver services. It allows for greater flexibility in using non-traditional supports to meet needs directly related to their disability.
- Mi Via recipients are referred to as Participants, and receive assistance from a Consultant. Together, they develop a Mi Via plan, which includes a Service and Support Plan (SSP) and a budget.
- Individuals who receive the DDW or MFW are eligible for Mi Via. Those already receiving Medicaid can change to the Mi Via Self-Directed waiver by completing a Waiver Request Form.
- Services through Mi Via may include: home health aides, in-home living, specialized therapies, respite, transportation, and more.

EORs and POAs under Mi Via

- An EOR, or employer of a record, is an unpaid role in the Mi Via that manages employee contracts and timesheets
- Due to recent concerns brought up by the Department of Labor regarding who should count as an “employer” and issues of liability, there have been recent changes that may require EORs to also designate or act as (?) a power of attorney

Mi Via Advisory Committee

- Brad Hill, Chair: bhill@nmag.gov

Supports Waiver

- This is brand new as of July 2020! The Support Waiver can help to provide some services to individuals on the waitlist for the DD waiver—limited amount of services are available. \$10,000 annual budget.
- Support waiver offers made based on date of registration—so in chronological order. As of right now (9/10/2020), have only been able to make offers through registrations on October 2010. If a family has not received an offer for the supports waiver yet but registered before this date, they should contact DDSD
- Individuals will NOT lose their place on the waitlist, even if they opt out of receiving the supports waiver
- 10 “mix and match” services within a 10,000 dollar annual budget
 - Community Support Coordinator provided outside of this budget
 - Assistive Technology and Environmental or Vehicle Modifications are more limited—a budget of \$5000 a year
- Supports waiver is offered in addition to SGF, is not replacing the program overall. However, if an individual was once receiving SGF services and choose the Supports waiver, they would transition from one to the other
- Can choose between participant-directed (like Mi Via) or agency-based (like DDW) services delivery models
- DDSD Contact Info: Jennifer Roth, Program manager 575-476-8917

More information about the Supports Waiver and Community Support Coordinators from CDD (info also in Spanish): <https://www.cdd.unm.edu/other-disability-programs/supports-waiver/index.html>

Supports Waiver Program Manager: Janelle Groover 505-401-9328

Toll Free: 1-866-383-3227

Email: cdd-supportswaiver@salud.unm.edu

State General Funds

- SGF pays for services for individuals who are eligible for DDW or MFWs, but are not currently receiving services.
- In order to be eligible, someone must complete the registration process for DDW or MFW, and be placed on the Central Registry. Children under the age of 3 may qualify while receiving services through an early intervention program.
- Services include independent living, respite, adult day habilitation services, and behavior support consultation.
- Might need to ask around different agencies to see if they have spaces; many do not and have their own wait lists for SGF services. Budget amounts can also vary greatly, just depends on what the state is able to offer

Intake and eligibility

Child Pend (mostly for personal reference): children under the age of 8 are given status of “pending” until additional documentation of substantial functional limitation is provided. From the DD Waiver Service Standards, page 16: “If the applicant is a child younger than eight years old *with* documentation confirming a qualifying medical diagnosis but *without* conclusive documentation to determine a “yes” match, the child’s application may be placed in a “Pending” status until the child reaches age 9. At that time, documentation obtained will be reviewed to accurately determine eligibility.”

DOH/DDSD Intake and eligibility Unit: 505-841-5552 (during Covid, are redirecting calls to 505-350-0034) can contact with questions about the wait list or if they need to update contact info
<https://www.nmhealth.org/about/ddsd/intake/>

If someone does not know who their eligibility worker is, they can reach out to **Cassandra DeCamp with DDSD: 505-841-5530** in Albuquerque. For outside of ABQ area, can contact **Vangie: 505-841-5529**

Application Process

The DDW application packet includes a cover letter, instructions for completing the application, and contact information for DDSD/their eligibility worker. Will also include a HIPA acknowledgement as well as release forms for UNM and Presbyterian (they are just provided in case someone will need them). According to someone I spoke with at the Intake and Eligibility Unit, “There is no right or wrong way to fill it out.” Applicant can mail or fax the application, though right now during covid-19 fax is easier as there is no one to receive physical applications at the office.

Adaptive Behavior Assessment

In order to apply for the DD waiver, DDSD requires an adaptive behavior test. However, finding a provider who offers this test has been an ongoing concern. Still waiting to hear back about potential providers of this assessment for future reference.

AUTISM RESOURCES

Autism+: *The Autism+ Program is dedicated to making our communities more accessible for individuals with ASD and other disabilities. Through organization-specific Autism Awareness training and ongoing consultation for staff, the Autism+ Program strives to ensure that businesses obtain the knowledge, skills, and confidence to support individuals with ASD and other developmental disabilities. Can be useful for organizations, agencies, or businesses that want to promote more autism-friendly practices.*

Info and FAQs: <http://www.cdd.unm.edu/autism-programs/autism-plus.html>

More info: <https://cdd.health.unm.edu/autismportal/autism-plus-communities/>

Email: cdd-autismplus@salud.unm.edu

Phone: 505-272-1852

Autism Information en español: *Links to podcasts, articles, and resources about ASD in Spanish. Topics include: Criando y enseñando a ser independiente, Apoyos Visuales para niños con TEA, IEPs,*

Evaluaciones, and more. They do include a link to Autism Speak's Spanish website, which is slightly problematic and should be noted.

<https://cdd.health.unm.edu/autismportal/espanol-proximamente/>

Autism Spectrum Evaluation Clinic: *ASEC provides diagnostic evaluations for ASD or related conditions. They evaluate children ages 3 and older. Post evaluation, they support families to find resources for their child, provide recommendations for treatment of other evaluations, and make referrals to other services. Clinic is supported by the DOH.*

Information and Intake (form in English and Spanish): <http://www.cdd.unm.edu/clinics/autism-evaluation.html>

Phone: 505-272-9337 or 1-800-270-1861

Bright Futures Autism and Early Intervention: *Provides consultation to parents of young children with autisms and assists with accessing autism services, providing education about autism, and more:*

"Whether it be getting a diagnosis, interpreting evaluations, getting a child school-based services or putting together an applied behavior analysis program; I am here to provide the information parents need to be sure their children are getting what they need to succeed in life."

Phone: 505-471-4505

Email: zoe@brightfuturesasd.com

<https://www.brightfuturesaei.com/>

Center for Development and Disability Autism Portal: *Essentially an all-in-one place to access CDD's Autism Programs, resources, The Inside View Podcast series, and more*

<https://cdd.health.unm.edu/autismportal/>

CDD Autism Trainings and Courses: *Online courses offered by the CDD's Autism Programs that can be taken at any time to gain more knowledge on ASD.*

<http://www.cdd.unm.edu/autism-programs/autism-training-courses.html>

CDD Family Provider Resource Team: *Contact for resource specialists who help families with problem solving individual issues or systems' navigation.*

Phone: 505-272-1852 or 1-800-270-1861

<http://www.cdd.unm.edu/autism-programs/family-provider-resource-team.html>

Elevate the Spectrum: *A non-profit made up of individuals, families, advocates, and professionals. Social media pages contain educational info, events, and support groups. Based in Rio Rancho.*

Email: elevatethespectrum@gmail.com

Phone: 505-379-4624

Facebook: <https://www.facebook.com/elevatethespectrum/>

<https://elevatethespectrum.org/>

Hearts for Autism Las Cruces: *Host the annual Camp New Amigos for children with ASD, which is run in collaboration with NM State University. They also host community trainings and have a resource library.*

<https://www.heartsforautismmlc.com/>

Email: heartsforautismmlc@gmail.com

Phone: 575-323-1316

Organization for Autism Research: *"We're dedicated to improving the lives of everyone affected by autism by supporting research that produces meaningful and practical results. We also keep families, educators, self-advocates, and professionals informed by delivering free, evidence-based resources and information every day." Great source for free resources and guides on Safety, Education, and more. They also host regular webinars and other events.*

<https://researchautism.org/>

NM Autism Society: *Affiliate of the Autism Society of America. They host regular meet-ups for autistic adults, promote autism support groups and programs, form committees to work on autism-related projects, public flyers and newsletters, provide advocacy regarding legislation, plan recreational activities and support groups, and more.*

PO Box 30955

Albuquerque, NM 87190

505-332-0306

<https://nmautismsociety.org/>

Sex-Ed for Self-Advocates: *A sexuality, sex ed and relationships guide made by and for autistic people ages 15 and up. Includes articles, videos, and participants can also listen to the resources as a podcast.*

<https://researchautism.org/sex-ed-guide/>

Thinking Person's Guide to Autism: *"...a one-stop source of carefully curated, evidence-based, neurodiversity-steeped information from autistic people, parents, and autism professionals. The Goal of TPGA is to help you fast-forward society's rampant autism fabrications and negativity, by providing clear, thoughtfully presented, balanced, and referenced information."*

<http://www.thinkingautismguide.com/p/mission-statement.html>

Twainbow Resources for LGBTQ+ Autistic People: *Contains a small resource guide of useful apps, trainings, support groups, and more. Also has blog posts, articles, and LGBTQ+ Autism statistics.*

<https://www.twainbow.org/>

EARLY CHILDHOOD

CDD Early Childhood Network: *"We work in collaboration with 32 early intervention community-based providers throughout NM to assure that all eligible infants, toddlers, and their families receive high quality early intervention services from qualified and well-supported personnel." Services include*

customized trainings, consultation, and technical assistance designed to meet the needs of each provider and to reflect best practices in the field.

<http://www.cdd.unm.edu/early-childhood-programs/early-childhood-learning-network/early-childhood-network.html>

Phone: 505-272-1506

CDD NM FIT Trainings and Resource Portal: *Source of information about providers, different FIT topics, training resources, and more.*

<http://www.cdd.unm.edu/early-childhood-programs/early-childhood-learning-network/family-infant-toddler-program-training/index.html>

New Mexico Early Childhood Education and Care Department: *Information about eligibility, as well as information for parents and early childhood professionals. Also filters programs by age: prenatal, infants, toddlers, and pre-K.*

<https://www.nmececd.org/>

Toll Free: 800-832-1321

Parents Reaching Out Early Childhood Department: *Provides support for children birth-3 years old. Can assist with family plans, service coordination, case managers, and collaborates with different agencies. Lead is Jessica Sanchez.*

<https://parentsreachingout.org/early-childhood/>

EDUCATION RESOURCES

Parents Reaching Out: *PRO is New Mexico's Parent Training and Information (PTI) Center, and serves families throughout the state who have children receiving special education services. They help families to obtain appropriate education and services, work to improve educational results, resolve problems between families and other schools or agencies, connect families to community resources, and more. They have a robust amount of educational publications and handbooks about education, early childhood, and health care. The PTI/Education Team assists children ages 3-26 on their educational journey, providing support with IEPs, behavior intervention plans, and provides youth trainings as well as opportunities for recreation.*

1920 Columbia Dr. SE

Albuquerque, NM 87106

Phone: 505-247-0192

Toll Free: 1-800-524-5176

<https://parentsreachingout.org/education/>

APS Parent Resource and Engagement Program (PREP): *at this site parents can access free PREP events and workshops, learning resources, and community resources*

<https://www.aps.edu/special-education/parent-resource-and-engagement-program-prep>

APS Families Connected Site: *“a one-stop shop for online learning, access to technology and the internet, resources provided by departments, as well as key online learning tools”*

<https://www.aps.edu/families-connected>

Education for Parents of Indian Children with Special Needs (EPICS): *EPICS is a Community Parent Resource Center serving families with Native American children with disabilities or developmental delays in NM. They provide free trainings for families in various topics (IDEA, IEP/IFSP, Part C to Part B transition, and more), ongoing advocacy support for families, parent-to-parent connection, a resource library, and referrals.*

2201 Buena Vista Dr. SE, Suite 201

Albuquerque, NM 87106

Phone: 888-499-2070

melissaw@epicsnm.org

sbegay@epicsnm.org

<https://www.epicsnm.org/for-parents>

Families ASAP: *Families ASAP provides no-cost services to families and their children/adolescents in New Mexico with mental health and/or brain injury challenges. Does it seem like your child is always in trouble? Are you getting frequent calls from your child’s school to come pick them up? Do you feel like the only parent going through this, and are you tired of people blaming you giving you unhelpful parenting advice? Has your child been diagnosed with ADHD, Bipolar, and Anxiety Disorder, or some other behavioral health diagnosis and need information and support? We can help. Our staff will partner with you to locate services, supports, programs, and skill-building opportunities, all focused on helping you be an informed and empowered parent. We will partner with you to ensure your child is receiving a free and appropriate education.*

Phone: 1-855-484-0144

Email: delfy@familiesasap.org

<https://familiesasap.org/>

Catholic Charities Online Adult Education Classes: *registration for the current quarter runs August 17th-31st, classes begin the week of September 15th*

<https://www.ccasfnm.org/edu.html>

Facebook promo video in Spanish: <https://www.facebook.com/CCASFNM/videos/333146644394220>

Facebook promo video in English: <https://www.facebook.com/CCASFNM/videos/2769512676618967>

National Center of Accessible Educational Materials: *Resources and education on accessible educational materials and technologies. They have resources specifically for students during the Covid-19 crisis. Website provides information on how to navigate the process of acquiring and using AEM, supporting learners, AEM policies and systems, and how to create AEM.*

<http://aem.cast.org/>

Books Beyond Words: *picture books for people with autism, other learning disabilities, or who just process better through visuals than through words—this is the site for US customers as they are based in the UK*

<https://booksbeyondwords.co.uk/united-states>

Online Handbook for Special Needs Parenting: *A guide that provides resources for parents at every stage of their journey for caring for their special needs children. Topics include finding a supportive community, special education, bullying, and more.*

<https://phdinspecialeducation.com/special-needs-parenting-handbook/>

OSEP Spanish Glossary of Common IDEA Terms: *A searchable online glossary that contains common IDEA terms translated to Spanish*

<http://www.spanadvocacy.org/glossary/>

Advocate Academy Webinar Series: *Archive of The Advocate Academy webinar series which was conducted 2006-2012 (so many of them are quite dated). Topics include things such as Understanding FERPA, Functional Behavior Assessments, Section 504, IEPs, and more. Mostly just another resource/reference library on special education-related topics.*

<https://www.advocacyinstitute.org/academy/>

Center for Appropriate Dispute Resolution in Special Education (CADRE) Special Education, Early Intervention, and Parent Resources: *A collection of New Mexico-specific guides and resources on Special Education, Early Intervention, and Parent Centers.*

<https://www.cadeworks.org/state-parent-centers/new-mexico>

NMPED Laws, Rules, and Guidance: *Resources on Policies and Procedures, Federal and State Laws, Procedural Safeguards, Dispute Resolution, and. Some resources are translated to Spanish.*

<https://webnew.ped.state.nm.us/bureaus/special-education/laws-rules-guidance/>

NMPED Technical Manuals: *Manuals on topics such as Developing Quality IEPs, Graduation Options for Students with Disabilities, NM Team Technical Evaluation and Assessment, Part C to Part B Transition, Child Find Guidance, Least Restrictive Environment, and more.*

<https://webnew.ped.state.nm.us/bureaus/special-education/technical-manuals/>

Teaching Tolerance Ability Resources for educators: *“Teaching Tolerance provides free resources to educators who work with children from kindergarten through high school. Educators use our materials to supplement the curriculum, to inform their practices, and to create civil and inclusive school communities where children are respected, valued, and welcome participants.” They have pages dedicated to various topics, but their Ability page has a link to hundreds of articles, learning plans, and more about how to best serve students with disabilities (scroll down and click “View All Ability Resources”)*

<https://www.tolerance.org/topics/ability>

Understanding Test Scores: *A useful article that breaks down different test scores and how to interpret them, specifically Cognitive Assessments, Academic Achievement, and Behavior Rating Scales.*

<http://schoolpsychologistfiles.com/testscores/>

Understood.org: *Connecting people with learning differences and the people who support them to resources, expertise, and communities to bolster confidence. Their website contains information and guidance targeted for parents/caregivers, educators, young adults, and employers. They also currently have a 2020 Back-to-School guide.*

<https://www.understood.org/>

WrightsLaw: *“Parents, educators, advocates, and attorneys come to Wrightslaw for reliable information about special education law and advocacy for children with disabilities.” They have a robust resource library for advocacy and understanding special education law. Their website has a ton of links everywhere, so can be a good place to send someone who just wants to explore different articles, FAQs, etc.*

<https://www.wrightslaw.com/>

WrightsLaw Pop-Up Tool: Resolving Parent-School Disputes: *a very useful and straightforward tool; essential a FAQs for common disputes that come up between parents and schools, with answers as well as the laws and regulations to back it up, and other resources.*

<https://www.wrightslaw.com/info/iep.disputes.popup.htm>

PACES NM: *Conducts neuropsychological evaluations for individuals 6-22 for questions related to learning disabilities, ADHD, intellectual disabilities, and IQ testing. Currently not accepting new patients for ASD evaluations, due to Covid-19. Evaluations for 18-22 years olds are limited to questions for learning disabilities and ADHD. Accepts Presbyterian, BCBS, and True Health NM. There is also the option of self-paying.*

<https://www.pacesnewmexico.com/>

3620 Wyoming Blvd NE

Suite 100

Albuquerque, NM 87111

Phone: 505-962-2158

Fax: 505-358-7293

Lives in the Balance: *“Lives in the Balance has always been the hub of Dr. Ross Greene's Collaborative & Proactive Solutions (CPS) model. Whether you're a parent, educator, clinician, or staff member in a therapeutic facility, this section contains vast free resources to help you learn and use the CPS model.”*

<https://www.livesinthebalance.org/resources-cps>

ASSISTIVE TECHNOLOGY RESOURCES

DDSD Clinical Services Bureau/Therapy Support Unit: *Part of DDSD, established to enhance health, safety, and functioning for New Mexicans with developmental disabilities via the provision of quality therapy services. Provides expertise for statewide initiatives including Aspiration Risk Management, Assistive Technology, and Health Promotion Initiatives. Also oversees the Therapy Services Unit which also provides technical assistance and resources to promote the use of assistive technology.*

5301 Central NE

Suite 1700

Albuquerque, NM 87108

(505)-841-2948

<https://www.nmhealth.org/about/ddsd/pgsv/clinical/>

Informational brochure: <https://www.nmhealth.org/publication/view/marketing/3965/>

Therapy Services Unit brochure: <https://www.nmhealth.org/publication/view/marketing/4038/>

Common Sense Media App Resource Guide for Kids with Special Needs and Learning Differences: *“Not matter which hurdles your kid faces, the apps and other media included in this guide can give them an added boost. We don’t expect an app to be a complete solution, of course. Working with kids who face challenges requires lots of time, attention, and patience on the part of a parent, teacher, or other adult caregiver. Our goal is to offer you a host of fun, well-designed apps that were recommended and tested by field experts. We hope they can become a part of your toolkit as you work with your child.”*

<https://www.common sense media.org/guide/special-needs>

Adelante Back in Use: *“Back in Use recycles assistive devices and gives them away to people with disabilities and seniors in need of wheelchairs, walkers, hospital beds, and more. All durable medical equipment is inspected, cleaned, and sanitized before it is distributed.” Due to Covid, they are currently only taking donations by appointment.*

To donate or request equipment: 505-445-5332

To make an appointment: 505-341-7171

<https://goadelante.org/disability-services/assistive-equipment-biu/>

New Mexico Technology Assistance Program: *“NMTAP offers free services to New Mexicans with disabilities to help them get the assistive technology services they need. It is a statewide program designed to increase knowledge of, access to, and acquisition of assistive or adaptive technology for anyone with any disability, anywhere in the state, of any age.”*

<http://www.tap.gcd.state.nm.us/>

Albuquerque Office

625 Silver Ave. SW Ste. 100 B

Albuquerque, NM 87102

Office: 505-841-4464

Fax: 505-841-4467

Toll-free (in state only): 1-877-696-1470

Tracy.agiovlasitis@state.nm.us

NE Regional Educational Cooperative 4 at Highlands University Satellite Office: provides device loans, demonstrations, and training in NE part of NM

1031 11th Street

Las Vegas, NM 87701

AT Center: 505-454-3560

Office: 505-426-2265

Email: gdamian@nmhu.edu

Western New Mexico University Satellite Office: provides device loans, demonstrations, and training in the SW part of NM

1000 W. College Ave

Silver City, NM 88061

AT Center: 575-538-6411

Office: 575-538-6420

Email: patricia.west@wnmu.edu

New Mexico Commission for the Blind: *“The Technology for Children program provides assistive technology to children under the age of 18 who could benefit from such technology...but for whom such technology is not available through an IEP, Individualized Plan for Employment, medical insurance, or other similar source.”*

2200 Yale Blvd. SE

Albuquerque, NM 87106

Phone: 505-841-8844

Toll free: 1-888-513-7958

<https://www.cfb.state.nm.us/>

Technology for Children

Information (with a link to application): <https://www.cfb.state.nm.us/technologyForChildren>

Kelly Burma: Kelly.burma@state.nm.us

Accessible Technology in the Workplace: *“Our mission is to promote full and unrestricted participation in business and society by persons with disabilities through the use of electronic information technology that is universally accessible.” Provide information and resources on law and policy, the accessibility process, and content accessibility.*

National hotline: 800-949-4232

<https://accessibletech.org/>

The Arc Tech Toolbox: *Site allows you to filter through a database of apps and devices based on the individual’s needs and life area needing assistance.*

<https://toolbox.thearc.org/browse>

Understood Tech Finder: *Another database and games targeted for children with learning disabilities. Can be filtered by issue or topic, grade, and technology type.*

<https://www.understood.org/en/tools/tech-finder>

Task Analysis App: *“Task Analysis is a highly customizable app that can support individuals with intellectual disabilities to independently and efficiently complete tasks.” Only available for Apple products.*

<http://clemsonlife.org/TaskAnalysis/>

Beyond Words App: *“The BW Story App is a fast and convenient way to access pictures that will help enable the people you care about to explore and understand their world and the things that affect their lives. The app brings together 1800+ pictures and 400 short stories taken from the Books Beyond Words series, and makes them all available to browse in one place. This unique and easy-to-use mobile tool provides supporters with a comprehensive library of resources that offer people with learning disabilities opportunities to better understand situations, make informed decisions, explore their feelings and emotions, and share their own experiences.” Available for iOS and Android devices, and for individuals and organizations.*

<https://booksbeyondwords.co.uk/bw-story-app>

Internet Essentials from Comcast: *Low-cost internet for low income households. New customers receive two months of free services in response to the Covid emergency.*

<https://www.internetessentials.com/>

Free Outdoor Wifi Access Locations: *To help provide internet access to as many folks as possible the City of Albuquerque has extended its public access to free WiFi hotspots by providing additional locations in areas where social distancing is possible. Includes a map and list.*

<https://www.cabq.gov/coronavirus-information/wifi>

CAREGIVING

NMCC (New Mexico Caregivers Coalition)

Website: NMDCC.org

Phone: 867-6046

Email: info@nmdcc.org

Giving a voice to caregivers

NM Caregivers Coalition provides trainings on a variety of topic such as Medicare, OSHA lifting and pathogen prevention, Dementia care, Self-care for the caregiver, communication, leadership. They are involved in legislative activities. They provide some advocacy support such as connecting caregivers with resources. When they have grants (and I think they do have one from the United Way which started in June) they can provide some emergency stipends.

NMCA (New Mexico Caregivers in Action)

Website: NMCareAction.org

Phone: 867-6046

Email: admin@nmcareaction.org

Membership agency promoting better work environments for paid caregivers and respect, support and training for all caregivers.

Memberships levels are \$15 annually for caregivers, \$30 for advocates and \$300 for businesses. Members do get access to purchase discounted group insurance including health, vision, dental, life, legal. We are considering what other membership benefits to provide. Agency strives to empower caregivers to enact change through legislative advocacy.

CEREBRAL PALSY RESOURCES

Adult Cerebral Palsy Clinic: *Offers comprehensive evaluations including psychosocial assessments, neurological examinations, attention to medical issues, and facilitation of specialist referrals as necessary.*

Held every Thursday of the month, 9am-12pm

2350 Alamo Avenue SE, Suite 160

Albuquerque, NM 87106

Information and scheduling:

Call the Continuum of Care: 505-925-2378 and press 2

<https://coc.unm.edu/clinics/cocclinics/index.html>

Cerebral Palsy Parent Association of NM: *“CPPA offers support and understanding for families who share the unique and common bond of having a family member with special needs. CPPA distributes information to assist families with community resources, legal, insurance, medical, and school issues, during monthly support meetings.” In addition to monthly meetings, they organize recreational gatherings throughout the year and have a monthly newsletter.*

For information on meetings call: 505-272-5296

Facebook: <https://www.facebook.com/cppaofnm/>

<https://cpfamilynetwork.org/resources/resources-guide/cerebral-palsy-parent-association-new-mexico/>

Cerebral Palsy Task Force: *A multidisciplinary group of medical professionals, therapists, students, and community members working together to improve early identification and referral for timely, appropriate intervention for infants with or at risk of Cerebral Palsy in NM. The team works to create pathways for diagnosis, referral, and follow up services, including early intervention, across New Mexico.*

Contact:

Sandy Heimerl, LEND Director

505-272-0096

sheimerl@salud.unm.edu

Marybeth Barkocy

mbarkocy@salud.unm.edu

<https://www.cdd.unm.edu/other-disability-programs/cerebral-palsy-taskforce/index.html>

DOWN SYNDROME RESOURCES

Sie Center for Down syndrome: *Located in Colorado. “The Sie Center for Down syndrome provides comprehensive consultation for infants, children and young adults who have Down syndrome. We partner closely with your child’s primary care provider and provide services starting at prenatal diagnosis up to age 25 (children must be seen prior to age 21 to continue to age 25). The Sie Center offers state of the art evaluations by a large multidisciplinary team who stays current on medical and developmental needs of children with Down syndrome.” No center like this in NM, can be a place to refer parents for advice and comprehensive evaluations.*

<https://www.childrenscolorado.org/doctors-and-departments/departments/down-syndrome/>
720-777-6750

Down syndrome Families of Las Cruces: *“Down Syndrome Families of Las Cruces is a place where families can find love, hope, encouragement, and support. We want to provide opportunities for individuals with Down Syndrome to grow, learn skills that will help them be self-sufficient, and to provide a community where they can have friends and activities.” Group hosts events and meetings for families, classes for individuals with Down syndrome, and do educational community outreach.*

Contact: downsyndromelascrucos@gmail.com

Christine Williams 575-405-4186

Facebook: <https://www.facebook.com/Down-Syndrome-Families-of-Las-Cruces-898406203531521/>
<http://www.downsyndromeamiliesoflascruces.com/about/>

Down syndrome Foundation of Southeastern New Mexico: *“The mission of the Down Syndrome foundation of southeastern NM is to provide support and education to all individuals with Down syndrome and their families. We do this by promoting community awareness, and providing educational information to families, educators, and medical professions and the community about Down syndrome. Our goal is to help individuals with Down syndrome and their families reach any goal they dream.” Group hosts events and educational workshops.*

Mailing address: P.O. Box 4365 Roswell, NM 88202

Physical address: 1717 W 2nd St Suite 112 Roswell, NM 88201

Phone: 575-622-1099

<https://www.dsfsenm.org/>

National Down syndrome Congress: *“the leading national resource of support and information about Down syndrome, from the moment of a prenatal diagnosis through adulthood.” Can be a good website to browse for resources, information, webinars, etc.*

<https://www.ndsccenter.org/>

National Down syndrome Society Resources: *Another website full of resources and webinars about different topics.*

<https://www.ndss.org/resources/>

Rio Grande Down syndrome Network: *“The Rio Grande Down Syndrome Network is a nonprofit organization whose mission is to empower individuals with Down syndrome and their families through advocacy, education, and support. We are a collaborative network which seeks to create awareness, assure inclusion, and promote independence in individuals with Down syndrome.”* Group hosts regular community events, and provides resources for community members and new and expectant parents.

Facebook: <https://www.facebook.com/RGDSN/>

Twitter: <https://twitter.com/rgdsn>

<http://www.rgdsn.org/>

EMPLOYMENT RESOURCES

American Job Centers in NM: *list of NM job centers*

<https://www.careeronestop.org/LocalHelp/AmericanJobCenters/find-american-job-centers.aspx?location=New%20Mexico&radius=25&ct=0&y=0&w=0&e=0&sortcolumns=Location&sortdirections=ASC>

Department of Vocational Rehabilitation: *The purpose of the NMDVR is to help people with disabilities achieve a suitable employment outcome. Rehabilitation process consists of an orientation/application, intake, eligibility determination, assessment, individualized plan for employment (IPE), employment services, employment obtained, follow up, and service record closed (successfully employed). Note: it has been mentioned that DVR regularly fails to provide adequate services, and fails to create customized job opportunities for people with IDD—might be a useful thing to know depending on the situation.*

<http://www.dvr.state.nm.us/>

Job Support Services: *includes job development, job placement, job coaching, on-the-job training, trial work experience, and customized employment (again, see not above).*

<http://www.dvr.state.nm.us/job-development.aspx>

Online Referral Form so potential participants can start the process:

<https://referral.dvr.nm.gov/Referral/RetrievePersonalInfo>

GoodWill Career Services: *They offer free career services that can connect individuals with employment in the community, provide job readiness training and other skills. They also offer services for veterans and seniors.*

505-881-6401 or 1-866-376-0182 (toll free)

<https://www.goodwillnm.org/free-services.html>

Job Accommodation Network: *JAN is “the leading source of free, expert, and confidential guidance on workplace accommodations and disability employment issues.”* Resources dedicated for employers, for individuals, and others (rehabilitation and medical professionals, union reps, and attorneys). Employees, employers, and professionals can receive free consulting services.

<https://askjan.org/index.cfm>

National Disability Institute: *“National Disability Institute influences thinking and behavior through pioneering research, advocacy, policy development, training, and technical assistance. We collaborate with hundreds of organizations throughout the country—from financial institutions and employers to government and community organizations—to empower people with disabilities and their families to build a better financial future.” Can be a resource for financial and employment-related matters.*

<https://www.nationaldisabilityinstitute.org/>

New Mexico Commission for the Blind: *NMCFTB is essentially like DVR for people that are blind and 14+. Services include a skill center, work experience programs, independent living, benefits counseling, and more.*

<https://www.cfb.state.nm.us/About#SERVICES>

New Mexico Department of Workforce Solutions: *Resources for job seekers (like accessing the NM workforce connections site, applying for unemployment, and info about job fairs), workers (info about legal rights, discrimination), businesses (recruitment assessment and more), and researchers (economic and workforce data and analysis). A good first place to go for people who may have just lost their jobs or who have questions regarding their rights as workers.*

<https://www.dws.state.nm.us/en-us/>

New Mexico Workforce Connection: *Similar to Department of Workforce Solutions; resources and information for job seekers, employers, veterans. After making an account, can browse job postings, apply for unemployment benefits, as well as access to job matching service and more.*

<https://www.jobs.state.nm.us/vosnet/Default.aspx>

Disability Services: *mostly directed at employers*

<https://www.jobs.state.nm.us/vosnet/Services/Disability.aspx>

CDD Partners for Employment: *“Partners Employment is a statewide collaborative to increase competitive and integrated employment for individuals with intellectual and developmental disabilities. Partner’s for Employment’s mission is to build capacity by providing training, technical assistance, and opportunities for networking and collaboration.” Programs include College of Employment Services (an online course), Project SEARCH, School-to-Work Transition, Supported Employment Local Leaders, and training and technical assistance. Do not provide direct services to individuals, but partners with DVR, schools, and individuals transitioning out of schools.*

<http://www.cdd.unm.edu/other-disability-programs/partners-for-employment/index.html>

Workforce GPS: *“online technical assistance website created to help build the capacity of America’s public workforce investment system” designed specifically for workforce professionals, educators, and business leaders. Source for webinars, training resources, workforce development practices, and research.*

<https://www.workforcegps.org/>

FINANCIAL RESOURCES

ABLE New Mexico: *Potential recipients can visit this site to learn about ABLE accounts, eligibility, as well to apply and manage their accounts. They also have a resources page with informational brochures, media, fact sheets, etc. ABLE accounts are specialized savings and investments that will not impact eligibility for Medicaid, SSI, and other benefits. In order to be eligible, individuals must qualify for SSDI, but do not have to be receiving SSDI. Accounts are based out of Ohio (STABLE Ohio), not a typical local bank, but there are individuals locally that assist with opening accounts and fielding questions. Application is online and takes only about 20-30 minutes, and account can be managed on phone or computer. Applicants will need to provide contact information from primary physician, or, if applicable, a diagnosing physician, a SS number, and a bank routing number in order to be able to transfer funds from ABLE to their bank account. ABLE funds can be spend on anything that provides a higher quality of life, enhances disability, or even for basic needs like food, utilities, etc. In this sense it is less restrictive than a pooled trust. Funds cannot be used for gifts, gambling, alcohol, drugs, or adult entertainment (but individuals can use transfer funds to their bank accounts in order to purchase these things).*

<https://ablenewmexico.com/>

ABLE NM Coordinator: Heather Benavidez, 505-955-1136, Heather.Benavidez@state.nm.us

ABLE National Resource Center: *“The ABLE NRC is the leading source of objective, independent information and best practices related to tax-advantages ABLE savings accounts and federal and state-related ABLE programs and activities.” Another source of information and resources for people interested in ABLE accounts.*

Special Needs Attorneys in NM: *attorneys listed by the Special Needs Alliance*

<https://www.specialneedsalliance.org/find-an-attorney/new-mexico/>

The Arc NM Financial Coach/Counselor Services: a new program that will assist and support individuals and families through workshops in addition to one on one training of financial management and financial inclusion. Call 505-883-4630.

GUARDIANSHIP

The Arc US Position Statement on Guardianship: *“Each individual adult and emancipated minor is legally presumed competent to make decision for [themselves] and should receive the preparation, opportunities, and decision-making supports to develop as a decision-maker over the course of their lifetime. All people with I/DD can participate in their own affairs with supports, assistance, and guidance from others, such as family and friends. People with I/DD should be aware of and have access to decision-making supports for their preferred alternatives.”*

“The appointment of a guardian is a serious matter for three reasons:

1. *It limits an individual's autonomy, that is, the individual's agency over how to live and from whom to receive supports to carry out that choice;*
2. *It transfers the individual's rights of autonomy to another individual or entity, a guardian; and*
3. *Many individuals with I/DD experience guardianship as stigmatizing or inconsistent with their exercise of adult roles and responsibilities."*

(mostly putting this here so that it can inform any interactions with clients who are interested in or have questions regarding guardianship)

<https://thearc.org/position-statements/autonomy-decision-making-supports-guardianship/>

DDC Office of Guardianship Application Form:

https://www.nmddpc.com/application_form

DDC Office of Guardianship FAQs: *Includes information on general principles, and distinctions between power of attorney, advance health care directives, and do not resuscitate orders.*

<https://www.nmddpc.com/faqs>

HEALTHCARE

NM Medical Home Portal: *The Medical Home Portal is a unique source of reliable information about children and youth with special health care needs, offering a "one-stop shop" for their families, physicians and medical home teams, and other professionals and caregivers."*

<https://nm.medicalhomeportal.org/>

Parents Reaching Out (PRO) Healthcare Department: *Headed by Cathy Salazar, focus is on waivers, SSI, trusts, and 504. Lead is Cathy Salazar.*

<https://parentsreachingout.org/health-care/>

Just Plain Clear Glossary: *health care terms defined in plain, clear language to help you make informed decisions*

<http://www.justplainclear.com/en>

HOUSING ASSISTANCE

****HUD's definition of "homeless" is quite strict, so in order to be eligible must have lived in the streets or in a shelter or other place unsuitable for habitation for minimum of 7 days. Further, many housing assistance programs are provided via the Coordinated Entry System, also referred to as VI-SPDAT or Coordinated Assessment, so individuals often need to take that survey at a providing location in order to get in the system. For disabled and low-no income individuals, HUD subsidized housing is often the "go-to." Information about HUD, waitlists, how to apply and strategies for applying, etc. can be found at:** <https://abqcr.org/hud-30-of-income/#>

****Bernalillo County Section 8 Housing Open for Applications for One Month Starting January 4th**:**
waitlist is first come, first served, starting Monday January 4th. Applications are only and can be accessed at: <https://bernco.myhousing.com/?abandon=False>. Preference is given to families, those who are working 30+ hours a week, and those with a disability who can provide verifying documentation. Any questions can be directed to Bernalillo County Housing at 505-314-0200.

ABQ's Health and Social Services Rent Eviction Assistance: *All four centers in the city have funding to rent eviction prevention (up to 3 months' rent) and utility assistance that may become available during the second week of January. This is by appointment only, no walk-ins. Call the center in your quadrant of the city to be pre-screened. You do not have to have an eviction notice to be eligible for CARES Act rent assistance, but you need to obtain proof from your landlord and the amount of rent you owe (i.e. copy of ledger sheet from landlord).*

HopeWorks (also referred to as St. Martin's): *Do not require referral. They primarily provide behavioral health services to individuals facing housing insecurity. Individuals can go to their office to get a screening to determine eligibility, which will then connect them to a support worker or a client advocate, who can then do a housing assessment or assist with medication management, therapy, etc. They also have a day shelter that provides clothing and food. Clients seen on a first come, first served basis. They are a Coordinated Assessment application location.*

<https://www.hopeworksnm.org/>

Main: (505)-242-439

Behavioral health: (505)-764-8231

Shelter: (505)-843-9405

1201 3rd St NW

Albuquerque, NM 87102

City of ABQ Housing and Social Service Centers Brochure: *breakdown of the city's various Health and Social Service Centers, which are "designed to encourage the co-location of public and private non-profit providers of social and health services in the neighborhoods where their client populations live...The services offered by the health and social services agencies are available to any eligible residents of the City of ABQ. Fees are based on income eligibility, insurance, or a sliding fee scale." Gives information on different locations and services offered.*

https://drive.google.com/file/d/1y-y9JuX9zW_Gl3TVivya1yALjCtArv0C/view

Cuidando Los Niños: *The mission of Cuidando Los Niños is to break the cycle of homelessness for children and families. We do this by providing high-quality early childhood education, therapeutic services, supportive housing, and parent education. They pull from the city's Coordinated Assessment list, also referred to VI-PSDAT, so individuals will need to take an eligibility survey in order to receive services. Once they pull someone from that list, they can assist with deposit and 1st month's rent, etc. Listed as a VI-SPDAT Location but this is untrue according to my experience speaking with them, they do not provide on sight applications.*

<https://clnabq.org/>

The Arc of New Mexico Resource Guide

505-843-6899
1500 Walter St NE
Albuquerque, NM 87102
Open M-F 9am-3pm

ABQ Rental Assistance: *A list of rental assistance providers in ABQ (same list as the health and social service centers mentioned in the brochure linked above).*

<https://www.cabq.gov/help/rental-assistance>

Crisis Center of Northern NM: *emergency shelter for victims and children escaping domestic abuse; also provides rental assistance. Walk-ins welcome.*

505-753-1656 (24 hour assistance)

ccnnnm@crisis-centers.org

577 El Llano Road

Española, NM 87532

<https://crisis-centers.org/>

Enlace Comunitario Housing and Financial Stability Services: *“Supporting our clients with the resources needed to find and maintain appropriate housing. Guiding them through the process, establishing goals, and creating a plan of action that will ultimately result in becoming independent.” They make housing referrals based on individual qualifications. Upon eligibility, housing intake covers up to 12 months of rent in aid to promptly address the financial and personal needs of clients. A stability plan is then developed to guide our clients through budget and income resources in order to set them on the path of independence. Their services are for families facing domestic violence. Can refer to them directly, and a housing specialist can ask them some questions, determine eligibility, etc. They receive funds every year to assist approximately 17 families.*

<https://www.enlacenm.org/housing-and-financial-stability/>

505-246-8972

info@enlacenm.org

2425 Alamo Ave SE

Housing Assistance: *Albuquerque and Bernalillo County Library’s list of housing assistance providers*

<https://abqlibrary.org/socialservices/housing>

The Life Link: *has been serving Santa Fe and surrounding areas since 1987. Services include Housing Support, Mental Health Support, Substance Abuse Support, and Human Trafficking Aftercare*

2325 Cerrillos Rd, Santa Fe, NM 87505

(505)-438-0010

info@thelifelink.org

Covid-19 resources

Rental and Utilities Support: Call (505)-395-2531 or (505)-819-9901 8:30-4:30 M-F

Agency Hours: 8-12, 1-5 M-F. 395-2514, 395-2551

Mental Health and Substance Abuse Issues: Call Yvette Medina 8-12 M-F (505)-470-8531

Mesilla Valley Community of Hope: *Based in Las Cruces, NM, Community of Hope provides housing programs (both temporary and permanent housing), services (including case management, legal assistance, medical referrals, and facilities for daily tasks like laundry), and resources (computer and occupational education and other activities)*

<http://www.mvcommunityofhope.org/>

Email: hope@zianet.com

Phone: 575-523-2219

999 W. Amador, Las Cruces, NM 88005

Camp Hope Outreach Coordinator: camphopelc@gmail.com

Covid-19 Housing Assistance Form:

<http://www.mvcommunityofhope.org/covid-19-housing-assistance/>

NM Centers for Independent Living: *list of independent living centers in NM*

<https://www.ilru.org/projects/cil-net/cil-center-and-association-directory-results/NM>

NM Coalition to End Homelessness: *They can refer to other housing assistance programs through their Coordinated Assessment System (also referred to VI-SPDAT). Do not provide homeless prevention, individuals must be on the street to get support, according to HUD's definition of "homeless."*

<https://www.nmceh.org/index.html>

Santa Fe Office Physical Address:

440 Cerrillos Road, Suite 4

Santa Fe, NM 87501

Phone: (505)-982-9000

Coordinated Entry Phone: (505)-772-0547

Fax: (888)-527-6480

Albuquerque Office Address

2501 San Pedro Dr Ne, Suite 111

Albuquerque, NM 87110

Coordinated Assessment Staff Phone: (505)-217-9570

All other Albuquerque Office Staff: (505)-433-5175

Fax: (888)-527-6480

Las Cruces Office:

Phone: (575)-640-0083

El Camino Real Housing Authority: *Serves individuals in Socorro and Valencia county. Waiting list is currently closed.*

Office Location:

301 Otero Avenue East

Socorro NM 87801

Mailing Address:

PO Box 00

Socorro NM 87801

Phone: 575-835-0196

Fax: 575-835-3461

<http://elcaminorealhousing.org/default.aspx>

New Life Homes: *Supportive housing for individuals with disabilities, fixed income, veterans, and the elderly. New Life Homes have community rooms, computers, on-site managers, service coordinators, community gardens, age-relevant amenities, and food box provisions to ensure that residents receive dynamic support. They offer several facilities around the city. More income restrictions on Sundowner and Luna apartments, as these are more costly. Also must pass a background check and not have any violent offenses or pedophilia on record.*

6101 Central Ave NE

Albuquerque, NM 87108

505-266-7000

<https://www.newlifelivesnm.com/>

Housing Options for Individuals with Mental Illness

Therapeutic Living Services: *We offer supported living options for individuals diagnosed with severe, disabling mental illness in three boarding homes. Individuals must have been homeless (living on the street or in shelters) for 12 months in order to be eligible for services, and must be referred through the Coordinated Entry eligibility assessment (which can be accessed through NMCEH or other providers of said assessment).*

5601 Domingo Rd. NE

505-268-5295

<https://www.tls-nm.org/>

A.L.I.V.E: *Offers residential services for individuals with mental health struggles, and is insurance-based. Based in Rio Rancho. Does not require that individuals be homeless.*

4601 Huron Dr. NE

Rio Rancho, NM 87144

Phone: 505-896-8509

<https://alivenm.com/>

House of Friends: *House of Friends Sober Living welcomes our armed forces veterans and understands their unique circumstances. Our sober living home serves military veterans who share a common desire to commit to sobriety, as well as personal improvement by honoring the house rules, attending regular AA/NA outside meetings, and one weekly home meeting. Our current home is for male veterans.*

2123 San Mateo NE

Albuquerque, NM 87110

505-903-9168

Georgia House Group Home for People with Mental Disabilities: *Main requirement is that individuals be balanced on their meds. Home is for men only, and includes private and shared rooms.*

1025 Georgia St SE

Albuquerque, NM 87108

Peter Vigil, 505-328-9300

INFO ON SERVICE ANIMALS

Emotional Support Animals (ESA): Acquiring an ESA is virtually no different from adopting an animal of your choosing, the only difference is that in order for the animal to be recognized formally and legally as an ESA (which can make a difference regarding getting protections/accommodations for housing and air travel), one would need to get an ESA support letter from a Licensed Health Care Professional (LCHP)

- Can get this letter from a psychologist, psychiatrist, registered nurse, social workers, counselors, or therapists
- They can also get one online using sites like esadoctors.com
- Cost for getting a letter using the service above can cost anywhere from \$149-189
- Cost for adopting a pet from Animal Humane:
 - \$35 for large dogs 5 years and older or small dogs 7 years and older
 - \$120 for puppies
 - \$150 for purebreds and easily-adoptables
- Costs are generally not high enough for there to be grants or other financial assistance available

Info about Service Animals

- Cost can range from \$0-\$25,000
- Place that train and provide service animals in NM
 - Service dogs of NM: <https://www.servicedogsnm.org/>
 - Assistance Dogs of the West (may be the best option as they have ADI Certification): <https://assistancedogsofthewest.org/>
 - Their FAQs indicate that in-state costs for getting a dog from ADW amount to \$6125, which is substantially lower than other places that charge fees upwards of \$25,000
 - Dogwood Therapy Services: <https://www.dogwoodtherapy.com/home.html>
 - If a veteran, Paws and Stripes provides service dogs at no cost: <https://www.pawsandstripes.org/>
- Financial assistance:
 - Assistance Dog United Campaign has vouchers available for individuals who need assistance funding a service dog, available in amounts up to \$5,500 for service, hearing,

and guide dogs, and \$2,500 for social/therapy dogs. Interested individuals can apply only during the months of April and May by contacting them via letter or email

- <http://www.assistedogunitedcampaign.org/vouchers.html>
- Canine Companions for Independence also provides assistance dogs at no cost to the recipient, can begin the application process at cci.org/apply
- Doggie Does Good is another nonprofit that helps pair people across the U.S. Their website also has a financial assistance application
 - <https://doggiedoesgood.org/>

LEGAL RESOURCES

Disability Rights NM: *cases are limited, but are informed by the yearly priorities. General areas of focus are special education, access to Medicaid services (when they are being denied), mental health issues, guardianship, and general legal rights violations. They do NOT do SSI appeals.*

Albuquerque

3916 Juan Tabo Blvd. NE
Albuquerque, NM 87111
Phone: 505-256-3100
Fax: 505-256-3184
State-wide Toll Free: 1-800-432-4682
info@drnm.org

Las Cruces

133 Wyatt Drive, Suite 11
Las Cruces, NM 88005
Phone: 575-541-1305
Fax: 575-647-9056
<http://www.drnm.org/>

Gail Stewart, 66Law: *"We are a small law firm and we focus mainly on civil rights, employment, education, and personal injury law." Their questionnaires are available on their site and can help individuals determine whether they have a case (touch on general employment, employment harassment, disability, special education, and personal injury). Gail Stewart is also one of the lead organizers of the OPEN (Organizing Parents Education Network) group, and so is very involved in special education issues.*

3800 Osuna Road NE, Suite 1
Albuquerque, NM 87109
Phone: 505-244-3779
Fax: 505-245-8558
<https://www.66law.com/>

Native American Disability Law Center: *Provides advocacy, referral information, and educational resources to all Native Americans with a disability living anywhere in the Four Corners area who feels that they have been discriminated against because of their disability, abused or neglected, or wrongly denied a service.*

905 W. Apache Street

Farmington, NM 87401

Toll free: 800-862-7271

Phone: 505-566-5880

Fax: 505-566-5889

Email: info@natedisabilitylaw.org

<https://www.natedisabilitylaw.org/>

Pegasus Legal Services for Children: *“Pegasus Legal Services for Children is a nonprofit agency that provides free or sliding scale civil legal services to children, youth, and their caregivers, including direct representation, legal education, and systemic advocacy.” They focus on education law, systemic advocacy, child abuse and neglect, and more*

505 Marquette Ave. NW

Suite 1350

Phone and Fax: 505-244-1101

<https://pegasuslaw.org/>

PBWS Law: *The Arc NM’s attorneys; focus areas include Guardianship, Trusts, Special Education, Disability and Long Term Planning, and more. Offer representation in Spanish as well.*

ALBUQUERQUE

2424 Louisiana Blvd NE

Suite 200,

Albuquerque, New Mexico 87110

Phone: (505) 872-0505

SANTA FE

460 St. Michael's Dr.

Suite 101,

Santa Fe, New Mexico 87505

Phone: (505) 872-0505

<https://pbwslaw.com/>

State Bar of New Mexico: *directory of lawyers where individuals can search by practice area, language, and more. May include volunteer attorneys as well attorneys offering free or lesser price consultations*

<https://www.nmbar.org/>

Legal Resources for the Elderly: *LREP is a free, statewide helpline for NM residents age 55 and older. The program does not have any income restrictions. Each caller speaks with a trained intake staff member, who collects necessary contact and demographic information. After intake, each caller who is eligible for the Program speaks to one of LREP’s five staff attorneys. Examples of legal areas for which they*

frequently receive calls are: debt/bankruptcy, employment issues, foreclosure, kindship guardianship, grandparent visitation, guardianship, landlord/tenant, Medicaid long-term care, Medicare, POA, probate, SSDI, death deeds, and general estate planning.

Statewide number: 1-800-876-6657

Website:

https://www.nmbar.org/nmstatebar/Directory/I_Need_a_Lawyer/Legal_Resources_for_the_Elderly/Nmstatebar/For_Public/LREP/LREP.aspx?hkey=d1331476-a760-4233-a324-0bc7e5626c7e

Senior Citizens Law Office: SCLO offers different services to address a variety of needs of senior citizens in NM. Services include free legal services to help eligible seniors address issues related to healthcare, public benefits, housing, advance directives, neglect and exploitation, guardianships, uncontested grandparent adoptions, and more; estate planning at a reduced fee; community events held throughout the counties we; and systemic advocacy to address severe recurring legal crises facing seniors today.

Office phone: 505-265-2300

Website: <https://sclonm.org/>

SSI/SSDI

Social Security Card Application

<https://www.ssa.gov/forms/ss-5.pdf>

General info about SS Cards and Numbers

<https://www.ssa.gov/ssnumber/>

CDD “How to Apply for Social Security in NM” Tipsheet

<https://www.cdd.unm.edu/other-disability-programs/information-network/pdfs/tipsheets/social-security-pdfs/social-security-benefits-how-to-apply-for-ssdi.pdf>

List of Social Security Field Offices in NM

<https://www.disability-benefits-help.org/social-security-disability-locations/new-mexico>

Three ways to apply:

1. Online on SSA’s website: <https://www.ssa.gov/applyfordisability/>
2. Apply over the phone by calling SSA’s Customer Service Line: 1-800-772-1213 or 1-800-325-0778 (TTY), M-F 7am-7pm
3. In person at a local SS office, call first to make an appointment (locations listed above)

SSA has a fairly strict definition of disability: must be expected to last over 12 months or end in death (life-long condition). In addition to meeting disability determination, individuals must have 6 credits (18 months) of work minimum and have paid SS taxes. Child Disability Benefits (or SSCDB) is paid to dependents of adults who receive SSDI. Whenever applicants interact with the SSA, the burden of proof will fall on them, which means that is crucial that they document every interaction they have with SSA!

Entire application must be submitted within 60 days of initial phone call or online submission. Typically there is about a 6 month waiting period for disability determination. It is possible that individuals may receive retroactive SS benefit checks, but this is determined in a case-by-case basis and so there is no way for another entity to determine whether someone will receive retroactive payments. Unearned income will always be looked at first, before any earned income—this is weighed much more heavily and income limits can be lower than if you earned the income. Unearned income includes: SSDI, Child support, gifts, and inheritances. Support in housing and food from family will reduce SSDI benefit. SSA will conduct a redetermination every 12 months. As far as rep payees, the SSA will typically look for parents or spouses to act as payee before turning to approved organizations (the Arc being one of them). Rep Payees typically have to submit an annual Rep Payee report EXCEPT FOR: natural or adoptive parents of a minor or adult child in the same household, legal guardians, and spouses. Rep payee can be transferred to another individual with a new application and approval from SSA, will need to open a separate bank account. It is very common for individuals to have their initial application for SSDI denied. Applicants cannot appeal if they are denied for financial reasons; will just need to attempt to reapply once income goes down. Are able to appeal on the basis of disability determination, or changes in payment.

SOAR (SSI/SSDI Outreach, Access, and Recovery) Online Course: *this can be a good source of education for future advocates to learn more about how SSA determines eligibility for SSI and some tips on how to increase the odds of someone getting approved. While the course is designed for case workers whose role is to assist individuals in applying for SSI/SSDI, it still provides helpful perspectives for advocates and information that can be applied to questions related to SSI/SSDI. Course is self-paced and fairly involved, and is predicted to take approximately 20 hours.*

<https://soarworks.prainc.com/course/ssissdi-outreach-access-and-recovery-soar-online-training>

Attorneys who do SS Appeals (note that the Arc NM does not endorse any particular lawyers, this information was compiled by looking for highly-rated SSI attorneys)

Michelle Baca: 505-872-1144 / <https://www.albuquerque disability.com/>

Roeschke Law: 505-407-0072 / <https://newmexicodisability.com/>

Barbara Jarvis: 505-246-9196 / no website

Martone Law Firm: 505-872-1144 / <https://www.martonelawfirm.com>

Decker Law Office: 505-369-6272 / <https://www.deckerlawoffice.com/>

Michael F Hacker: 505-247-2222 / <https://www.mikefhacker.com/>

High Desert Disability Advocates: 505-463-8814 / <https://high-desert-disability-advocates-llc.business.site/>

Michael Armstrong Law: 505-890-9056 / <https://michaelarmstronglaw.com/>

Aaron Fields: 505-382-6999 / <https://www.fieldsdisabilitylaw.com/>

Donald D. Vigil: 505-247-2020 / <https://www.abqnmminjuryfirm.com/>

CRISIS AND SUPPORT HOTLINES

NM Adult Protective Services: (866)-654-3219 (toll free) OR 1-505-476-4912

Northeast Region: 1-505-425-9335

Northwest Region: 1-505-287-1312

Metro: 1-505-841-4500

Southeast: 1-575-624-6071 ext. 1130

Southwest: 1-575-373-5570

NM Crisis and Access Line: *“The NM Crisis and Access Line is a statewide mental health crisis line for anyone who resides in the state of New Mexico and is concerned with suicidal thoughts, substance use, grief, and other behavioral health issues. NMCAL is a centralized, single telephone number to get immediate assistance and resources for mental health and substance abuse issues. The line is free and answered 24/7/365.”*

1-855-NMCRISIS (662-7474)

NM Peer to Peer Warmline: *“The Peer to Peer Warmline offers assistance and an understanding ear to New Mexicans who are just wanting someone to talk to about mental health, substance use, or recovery. The warmline is available to call 3:30-11pm or text 6-11pm 7 days a week, 365 days a year.*

1-855-4NM-7100 (466-7100)

They also have the NMConnect App

New Mexico Coalition against Domestic Violence

<https://www.nmcadv.org/>

Can be reached M-F 8:30-4:30pm at: (505)-246-9240, but for crises or to be put in touch with nearby shelters, they recommend calling the National Domestic Violence Hotline

CYFD-Funded Domestic Violence Survivor Services:

<https://www.nmcadv.org/how-to-get-help/victim-service-provider-map/>

National and Statewide Domestic Violence Resources (printable page)

<https://www.nmcadv.org/about-us/printable-resource-card/>

National Domestic Violence Hotline: 1-800-799-7233

Albuquerque Women’s Resource Center: (505)-242-7033 (doesn’t come up on a google search, so might not be a good referral)

Domestic Violence Resource Center: *Programs include VAU Field Advocates (who work in collaboration with law enforcement), Financial Empowerment, EMDR Counseling, Embedded Advocates (who work at the Judicial Court and DA’s Office), Parenting Groups, and Support Groups*

<https://dvrcnm.org/>

625 Silver SW, Suite 190

Albuquerque, NM 87102

24-hour line: (505)-248-3165

Main: 505-843-9123

Albuquerque Family Advocacy Center: *“The Family Advocacy Center is a multi-agency facility, serving the Albuquerque Metropolitan area. The center combines emergency medical staff, victim advocates, legal and financial assistance along with law enforcement and prosecution in a unique system designed to dramatically decrease the stress and trauma often placed on victims.” On-site partners include the ABQ Rape Crisis Center, Domestic Violence Resource Center, SANE, CYFD, Enlace Comunitario, Para Los Ninos, New Mexico Asian Family Center, and more.*

625 Silver SW, Suite 200

Open M-F 8am-5pm, no appointment necessary

Cal: (505)-243-2333: after hours, this phone number will be answered by victim advocates who can assist or make referrals to address a crisis situation.

Sexual Assault Nurse Examiners (SANE): *“The Albuquerque SANE Collaborative serves sexual assault and domestic violence victims by providing immediate, compassionate, culturally sensitive, and comprehensive medical treatment and forensic evaluation by nurse experts. We provide victims of sexual assault and domestic violence care in an empowering setting that addresses emotional and medical needs. All care is comprehensive, timely, and patient-centered. Our services are always confidential and free and available 24 hours a day.*

24-hour hotline: 505-883-8720

Rape Crisis Center of NM:

24-hour hot line: 505-266-7711

Child Abuse Hotline: (505)-841-6100

The Agora Crisis Center: (505)-277-3013

FOOD ASSISTANCE

ABQ Mutual Aid: *weekly care packages delivered anywhere in ABQ and surrounding areas*

<http://www.ffol.org/mutualaid.html>

Bernalillo County Food Resources: *listing posted on Pegasus Law’s website; unable to find original source. Lists Roadrunner, Health and Social Service Centers, The Storehouse, and other places.*

<https://pegasuslaw.org/bernalillo-county-food-resources/>

Bernalillo County Emergency Food Providers: *pretty comprehensive list of emergency food providers from the library website. Also includes links at the bottom for HELP New Mexico, NM Human Services Division, and Food Pantries.org.*

<https://abqlibrary.org/socialservices/food>

Roadrunner Food Bank: *“When you call our food assistance line, we provide contact information for several of our distribution partners in your community. Be sure to have paper and a pen read when you call. You’ll need to know your zip code too!” Also includes tips for people receiving food assistance from a partner organization.*

<https://www.rrfb.org/find-help/find-food/>

Food Assistance Line M-F 8-5pm

505-349-5340

575-523-4390

Rio Grande Food Project: *Grocery pickups are limited to once a month per family. Recipients will need a photo ID for all adults in the household, as well as documentation to show guardianship of any children under 18 in household. This page also includes some information about the PNM Good Neighbor fund for individuals who may need assistance paying a utility bill.*

<https://www.rgfp.org/need-food/>

Email: rgfp@rgfp.org

Phone: 505-831-3778

The Storehouse NM: *Food pickups are limited to once a month per family. Page includes monthly calendars of when they are open, requirements to receive food, and guidelines. Page also includes information about water and solid waste credits for homeowners, benefits connection center for low-income seniors (65+) and people with disabilities (21+).*

<https://storehousenm.org/home/need-food/>

BRAIN INJURIES

ARCA Acquired Brain Injury Services

Acquired Brain Injury Services:

- **Main contact: Michael Langford, 505-235-7478**
- Brain Injury Service Fund
 - “clubhouse model” of resources and services
 - Eligibility requirements: have to be on Medicare, OR on both Medicaid and Medicare
 - Cannot just be on Medicaid, as it provides a lot of support
 - Can help pay for things like therapy, crisis support, deposit for new apartment, rent, and utilities
- Residential Treatment Program
 - “helps folks get their lives together”
 - Can provide cognitive behavior therapy

The Arc of New Mexico Resource Guide

- 1:1 staff ratio
- 24 hour services
- 2 male homes, currently developing a female home
- Can be paid for through MCOs (Managed Care Organization), but take private insurance as well
- <https://www.arcaopeningdoors.org/> (Services> Acquired Brain Injury Services).

Brain Injury Resource Center

- **Main contact: Crystal Cantu, 505-243-3835 OR Toll Free 844-366-2472**
- Provides peer-to-peer support group, meets weekly on Wednesdays
 - Online right now due to Covid
 - ARCA monitors, but does not run the support group
 - Anyone can participate
 - Networking opportunity
- Medicaid and Medicare systems navigation
- Connects to doctors, case workers, supportive housing, community agencies, access to specialized equipment, and other providers
- Family education on living with a brain injury
- “Clubhouse model” of support and community
 - Painting classes, yoga classes (outside of Covid)
 - Library
- Assists people who suspect that have a brain injury but lack a diagnosis or are interested in an evaluation
- <https://www.arcaopeningdoors.org/services/new-mexico-brain-injury-resource-center/#RgWIMbNb>

NM Brain Injury Advisory Council: *website can be a good source of information and education, but have heard they are very disorganized, so may not be a good referral for services.*

505-476-7328

<http://www.nmbiac.com/>

The Brain Injury Guide and Resources: *A collaboration of the Missouri Department of Health and Senior Services and the MU Department of Health Psychology. This is a good source of education and info about TBIs.*

<http://www.braininjuryeducation.org/>

The UAB Home Stimulation Program: *The UAB/TBIMS Home Stimulation Program provides activities for use with individuals following their brain injury. These activities are designed to assist the individual in recover of their thinking skill. Each activity provides a group of tasks listed by their level of difficulty. These tasks are not meant to substitute for professional therapy and use of the tasks does not guarantee*

recovery. The tasks are offered to provide some guidance and structure to people with brain disorders and their families.

<https://www.uab.edu/medicine/tbi/uab-tbi-information-network/uab-tbims-home-based-cognitive-stimulation-activities>

Mayo Clinic Guide: Understanding Brain Injury: *A guide for families adjusting to brain injury. Booklet contains topics such as the structure and function of the brain, causes of brain injury, recovery process, and behavior and communication changes after brain injury. It also includes scenarios of stressful behaviors and situations that may occur for people with brain injury, with possible solutions.*

<http://nbia.ca/pdfs/understanding-brain-injury.pdf>

COVID-19 RESOURCES

Information for individuals experiencing financial hardship, including those who no longer receive the \$600 weekly Federal Pandemic Unemployment Compensation. Resources and recommendations are organized by frequently asked questions regarding loss of employment, inability to pay rent or mortgage, childcare, and more.

<https://www.newmexico.gov/i-need-assistance/>

Covid-19 Housing Cost Assistance Program: *MFA's Covid-19 Housing Cost Assistance Program can help pay your past-due housing payments if you are experiencing a financial hardship because of Covid-19.*

Applications open until funds are all used up. *If you qualify, you can receive as much as \$1,500 a month for up to three months to pay back rent or mortgage payments. Applications can be submitted via a link on the page below once it is available.*

<http://housingnm.org/static/covid-assistance>

Autism Little Learners Covid-19 Stories: *Visual and plain language stories to help children understand what it will be like to go to school in a Covid-19 world*

<https://www.autismlittlelearners.com/2020/07/covid-19-related-stories-for-schools.html>

FAQs on Special Education and Covid-19

<https://webnew.ped.state.nm.us/wp-content/uploads/2020/04/Special-Education-FAQ-Final-4-1-20-ddc.pdf>

US Department of Education Parent and Family Digital Learning Guide

https://tech.ed.gov/publications/digital-learning-guide/parent-family/?utm_content=&utm_medium=email&utm_name=&utm_source=govdelivery&utm_term=

Internet Essentials from Comcast: *internet for low income households; starts at 9.95/a month; families may be eligible if they are eligible for other public assistance programs*

<https://www.internetessentials.com/>

Engage New Mexico: *A partnership with the NMPED and Graduation Alliance to provide students with an extra layer of support who may be struggling with adapting to virtual school. "Students who choose to participate in the program will get an academic coach to work with them to answer questions, connect them with resources, and develop a plan to get on track and finish the school year strong." The service is free and interested families can sign up at the link below.*

<https://parentsnm.graduationalliance.com/>

City of ABQ Covid FAQs in different languages: <https://www.cabq.gov/environmentalhealth/news/city-of-albuquerque-coronavirus-faqs>

Enlace Comunitario Covid-19 Community Resource Page: *resources for meal sites, utility and rent assistance, unemployment information, and employment opportunities (doesn't appear to have been updated in a while)*

<https://www.enlacenm.org/community-resources/>

The Life Link: *offers housing support, mental health and substance abuse support, and human trafficking aftercare; based in Santa Fe*

Covid-19 resources

Rental and Utilities Support: Call (505)-395-2531 or (505)-819-9901 8:30-4:30 M-F

Agency Hours: 8-12, 1-5 M-F. 395-2514, 395-2551

Mental Health and Substance Abuse Issues: Call Yvette Medina 8-12 M-F (505)-470-8531

Mesilla Valley Community of Hope

Covid-19 Housing Assistance Form:

<http://www.mvcommunityofhope.org/covid-19-housing-assistance/>

Free Outdoor Wifi Access Locations

<https://www.cabq.gov/coronavirus-information/wifi>

NAMI Albuquerque Covid-19 Connection Peer Support Group for people with mental illness

<https://naminewmexico.org/join-connection/>

NAMI Albuquerque Family Support Group for family members of individuals with mental illness

<https://naminewmexico.org/join-family-support/>

New Mexico Healthcare Workers and First Responder Support Line: 855-507-5509

Roadrunner Foodbank Covid-19 Food Distributions (have to scroll down a little)

<https://www.rrfb.org/find-help/find-food/>

PNM Good Neighbor Fund

<https://www.pnm.com/gnf-applying-for-help>

Best Practices for Wearing Masks when Communicating with Deaf or Hard of Hearing People:

<https://www.nad.org/best-practices-for-wearing-masks-when-communicating-with-dhh/>

RESOURCES FOR THE ELDERLY

NM Aging and Disability Resource Center: *Services include Information and assistance, Long-term options counseling, Benefits counseling, Health Care Fraud Prevention, Prescription Drug Assistance, Community Information and Educational Presentation, and more.*

<http://www.nmaging.state.nm.us/adrc.aspx>

CABQ Senior Information and Assistance Program: *provides information, referrals, and assistance on senior concerns and issues*

505-764-6400, <http://www.cabq.gov/seniors/senior-services>

OTHER GENERAL RESOURCES (resource libraries, fact sheets, etc.)

Albuquerque Coordinated Resource Guide: *A comprehensive source of resources for crisis lines, deposit rent and utility assistance, case management, recovery services, support groups, and much more.*

<https://abqcrgrg.org/>

Adelante Development Center: *connects people to government benefits, offers a one-stop screening and enrollment process; support services and resources for employment, educational opportunities, day services, residential supports, and more*

<https://goadelante.org/disability-services/>

Adelante Benefits Connection Center: *“Adelante’s Benefits Connection Center can screen you for a majority of the benefits available through governmental services. When your Benefits Check-up is complete, you will know what benefits you are eligible to receive, and our team of benefits assistants can help you enroll in the programs you qualified for in the list below. They have assistants who speak Spanish as well. Can connect to programs like SNAP, Medicare Part D Low-income subsidy, Medicare Savings Program, Low Income Energy Assistance, Low-income Water/Solid Waste Credit and Medicaid.*

Phone: 505-273-5222

Toll free: 844-266-2236 outside ABQ Metro area

<https://goadelante.org/community-resources/benefits-connection-center/>

Access Board Animated Guides to ADA Accessibility Standards: *animations that communicate best practices in the physical accessibility of buildings*

<https://www.access-board.gov/ada/guides/animations/>

CDD Information Network: *an excellent source of information and resources with their own team of information and resource specialists*

505-272-3000 (main number for CDD)

<http://www.cdd.unm.edu/other-disability-programs/information-network/index.html>

Community Outreach Program for the Deaf NM: *“COPD-NM is a community-based organization that empowers Deaf and hard of hearing individuals to live independently and achieve their personal goals. COPD-NM seeks to “fill the gaps” in the community by providing services which are not available elsewhere.” Services include providing interpreters (including last minute requests), client and vocational services, tutoring, independent living, education support, mobility training, orientation and adjustment to disability, and Deaf-Blind support service providers.*

3908 Carlisle NE

Albuquerque, NM 87107

Phone: 505-255-7636 (TTY)

Hours: 8am-5pm M-F

ER Service After hours: 505-857-3642 (abq) or 888-549-7684 (Santa Fe)

interpreterscheduling@copdnm.org

<http://copdnm.org/index.htm>

Family Resource Center on Disabilities: *Providing parents of children with disabilities information, training, and assistance. Host various webinars and workshops, FAQs, and they also have some resources in Spanish.*

<https://frcd.org/>

MITC Training and Education: *“We work with leading experts in the field to offer a variety of evidence-based behavioral training, coaching, supervision, and consultation services.” Some of their trainings, like Empathetic Listening, could be applicable to this job and might be a useful training to suggest to future advocates.*

<https://www.nmmitc.com/>

NAMI New Mexico: *their Resources tab has a lot of information, phone numbers, and links related to mental illness*

<https://naminewmexico.org/>

NM Commission for the Deaf and Hard of Hearing Resources and Fact Sheets: *Includes resources for individuals who are Deaf and Hard of Hearing, Community Resources, Info about Interpreters, Interpreter Licensure, and resources for interpreters.*

<https://www.cdhh.state.nm.us/fact-sheets.aspx>

NM Human Services Department Public Assistance

<https://www.yes.state.nm.us/yesnm/home/index>

NM Human Services Department Consolidated Customer Service Center (CCSC): *The CCSC is a one-stop shop for HSD clients, customers, and providers to get program or eligibility information, access their case status and updates, obtain benefits details, and ask for application assistance...Beginning August 31, 2020, the CCSC will provide customer service support for all HSD programs and services, including the Behavioral Health Service Division, Income Support Division, Medical Assistance Division, Office of Fair Hearings, and Officer of Inspector General.” “CCSC marks the first customer service component of the HHS 2020 initiative, which aims to create highly responsible and effective health and human services systems to improve the health and well-being of New Mexicans.”*

Clients and customers: Can call 1-800-283-4465 to speak with an agent M-F 7am-6:30pm

Online Chat is available for some tasks 24/7

Email nm.customers@state.nm.us

Providers: Can call 1-800-299-7304 to speak with an agent M-F 7am-6:30pm

**CCSC plans to add text functionality for some inquiries

Email nm.providers@state.nm.us

Plain Language.gov Resources: *Tips and perspectives about the value of plain language and how to put in action*

<https://www.plainlanguage.gov/resources/>

Plain English: At a Glance: *quick tips on how to incorporate plain language into our writing and how to make documents easier to read*

<https://www.plainlanguage.gov/resources/articles/at-a-glance/>

PRO Publications: *Links to handbooks about Healthcare info, School to work transitions, and Special education, as well as IDEA factsheets.*

<https://parentsreachingout.org/publications-2/>

Share NM Resource Directory: *“SHARE New Mexico hosts New Mexico’s largest, most up-to-date and comprehensive Resource Directory for community resources and social services. From child care to senior services, education to housing and beyond, Share NM’s resource directory helps you quickly find the resources you need.”*

<https://sharenm.org/nm-resources>

Online websites for different sensory items for children with special needs:

- Lakeshore Learning (there is a physical location in ABQ as well):

<https://www.lakeshorelearning.com/>

- TherapyShoppe: <https://therapyshoppe.com/>

- **Visual timers:** <https://www.friendshipcircle.org/blog/2012/11/06/20-visual-timers-for-children-with-special-needs/>

SPAN Parent Advocacy Group Resource Library: *“Our services include informative materials, webinars, in-person online trainings, conferences, one-on-one assistance, and much more.” Can filter resources by age and topic, spanning 504 plans, assistive tech, early intervention, ELL, Health, IEPs, Laws/Rights, and many more.*

<https://spanadvocacy.org/resource-library/>

Facebook Group: Special Needs Parents of NM Support Group

United Way Service Directory (can also call 2-1-1): *Can filter by type of service, target population, zip code, and/or city.*

<http://www.navigateresources.net/uwcnm/>

Vera Institute of Justice: *can provide some statistics and info about disability and criminal justice*

<https://www.vera.org/projects/equal-access-for-people-with-disabilities>

National Center for Cultural Competence: *has resources and self-assessments relating to cultural and linguistic competence in health care service delivery*

<https://nccc.georgetown.edu/>