



Examples of Frequently Requested Distributions from Trusts

All requests for consideration must be written

This list offers ideas of how trust funds can be utilized to help enhance the quality of a person's life and is by no means all inclusive. Disbursements from the trust can cover the expenses of goods and services that are supplemental to a beneficiary's basic needs.

Please keep in mind that the Trustee, by law, has absolute discretion in approving requests for distributions. Therefore, you should not view this list as an entitlement and distributions must be for the sole benefit of the beneficiary.

Some items listed below may not be appropriate for minor beneficiaries. Different disbursement rules may apply to minor beneficiaries due to parental duty and obligations of support.

- **PRE-PAID** burial expenses. Burial expenses upon the death of beneficiary cannot be paid with trust funds.
- Medical or dental not paid for by Medicaid/Medicare
- Therapies not paid for by Medicaid/Medicare
- Supplemental nursing care not covered by another source
- Personal Assistance
- Eyeglasses and appointments
- Massages
- Educational expenses
- Computers, TVs, games and other electronic items
- Vacations/trips including food when traveling
- Entertainment expenses
- Camps
- Personal care items
- Cable television, telephone and cell services, internet access
- Pet care and supplies
- Vehicle purchases (must have valid driver's license and insurance) maintenance, and auto insurance
- Furniture and household items, appliances, decorative items
- Job coaching
- Guardianship and advocacy services
- Clothing
- Legal representation, tax obligations
- Subscriptions

Examples of Distributions Not Permitted from Trusts

- Cash or cash equivalents cannot be given directly to the beneficiary of a trust
- Mortgage payment and rent payments
- Utility bills, property taxes, homeowner or condo fees, storage units
- Food or groceries, eating out at restaurants, fast food, etc.
- Gambling, lottery tickets, Gifts of any kind, Collectibles, Luxury items, Pawned items or Items that can be considered a resource, guns and like items

DISCLAIMER: The Arc of New Mexico reviews each request considering individual situations and impact on preservation of benefits. Supplement Security Income (SSI) and other government benefits are received by the trust beneficiary to cover basic needs such as food and shelter and medical costs. In addition, we take into consideration the amount of funds that are held in trust for the beneficiary when making disbursements from the trust in addition to individual situations, age, an impact on preservation of benefits and purposes consistent with Social Security and Medicaid Regulations.

Disbursements made from the special needs trust that are not in compliance with Social Security and Medicaid Regulations will result in loss of benefits. Please keep in mind that the Trustee, by law, has absolute discretion in approving requests for distributions.